

Spring 2011



ThinkBuildLive Success™

Student Survival Guide

New York, New York



Table of Contents

Manhattan

Educational Resources.....	3
Practical Resources	5
Personal Resources	25

Brooklyn

Educational Resources.....	36
Practical Resources	39
Personal Resources	69
Recreational Resources	85

MANHATTAN RESOURCES

Manhattan Educational Resources

MANHATTAN

NYC Office of Adult and Continuing Education

269 W 35th St

New York, NY 10001

Phone: (212) 868-1650; (718) 683-2635

The New York City Office of Adult and Continuing Education (OACE) is the largest provider of adult literacy education services. Offers over 900 day, evening and night classes for adults over 21 at 175 sites throughout the five boroughs. All classes are taught by certified teachers and are offered free of charge. Services: Adult Basic Education, High School Equivalency (GED), English for Speakers of Other Languages (ESOL) and Career and Technical Education (CTE) as well as tutoring and referral services. Also, operates certipoint testing facilities for the Microsoft Office Specialist (MOS) and the Internet and Computing Core Certification (IC3).

Dept. Youth and Community Development

156 William St 6th Floor

New York, NY 10038

Phone: (800) 246-4646

www.nyc.gov/dycd

The DYCD sponsors the New York City Adult Literacy Initiative (NYCALI) which provides free Adult Basic Education, Enhanced Children's Education, Parent/Child Development, ESOL, and Family Literacy programs.

Mayor's Office of Adult Education

100 Gold St., 2nd Floor

New York, NY 10038

Phone: (212) 788-7722

www.nyc.gov/html/adulted

Operates in conjunction with the OACE and DYCD to sponsor free adult education classes and programs. Contact for resources/referral to locations.

New York Public Library

455 5th Ave

New York, NY 10018

Phone: (212) 340-0866

Reference Hotline: (917) ASK-NYPL

www.nypl.org

The NYPL system consists of 87 branches each offering various different programs, classes and free services beyond library services. The library system also operates a reference hotline; ASK NYPL provides answers to reference and research questions by phone and online via chat and e-mail 24 hours a day, 7 days a week.

City University of New York (CUNY)

98 W 42nd St

New York, NY 10110

Phone: (212) 997-2869

CUNY is a network of campuses in the five boroughs that comprises 23 institutions. Collectively, CUNY offers over 4,000 continuing and adult education courses. Offers a variety of free programs in various locations. Access to state-funded scholarships and financial aid when eligible. Multiple locations listed below.

UPPER WEST SIDE

OACE Mid-Manhattan Adult Learning Center

212 W 120th St

New York, NY 10027

Phone: (212) 666-1919

Northern Manhattan Improvement Center

76 Wadsworth Ave

New York, NY 10033

Phone: (212) 822-8300

www.nmic.org

UPPER EAST SIDE

Union Settlement Association

237 East 104th St
New York, NY 10029
Phone: (212) 828-6016
www.unionsettlement.org

Additional Services: Tax Prep, College Readiness
Early Childhood Services, HIV CARE Network, Men-
tal Health & Senior Services, and Youth at Union
program.

Continuing Education at Hunter College

695 Park Ave
New York, NY 10065
Phone: (212) 650-3850

MIDTOWN WEST

Alternative Education Complex

500 8th Ave
New York, NY 10018, 7th Floor
Phone: (212) 868-1650

CUNY School of Professional Studies

101 West 31st St
New York, NY, 10001
Phone: (212) 652-CUNY

MIDTOWN EAST

Literacy Partners

30 East 33rd St
New York, NY 10016
Phone: (212) 725-9200
www.literacypartners.org
ABE, GED, ESOL, Family Literacy, Financial Lit-
eracy, Health Literacy and Job Preparation.

Baruch Continuing & Professional Studies

55 Lexington Ave
New York, NY 10010
Phone: (646) 312-5000
www.baruched.com

LOWER WEST SIDE

Education Development Center

96 Morton St., 7th Floor
New York, NY 10014
Phone: (212) 807-4200

Metropolitan College of New York

431 Canal St
New York, NY 10013
Phone: (212) 343-1234

LOWER EAST SIDE

NYU Continuing and Professional Studies

145 4th Ave., Room 201
New York, NY 10003
Phone: (212) 998-7150

Hamilton Madison House

50 Madison St
New York, NY 10038
Phone: (212) 349-3724

FINANCIAL DISTRICT

Literary Assistance Center

39 Broadway, Suite 1250
New York, NY 10006
Phone (212) 803-3300
www.lacnyc.org
NYC Regional Adult Education Network Center.
Provides professional development services free
of charge to adult and family literacy practitioners
throughout the city. Services: Literacy Classes and
Referral, Professional Development, Training, ESOL,
family literacy programs, GED, Health Literacy Initia-
tive, and Computer Learning Center.

Borough of Manhattan Community College

Continuing Education & Workforce Development
25 Broadway
New York, NY 10004
Phone: (212) 346-8890

Manhattan Practical Resources

TRANSPORTATION

Metropolitan Transit Authority

www.mta.info

NYC subway, Bus and Ferry operator with complete schedules, fares, maps, service status reports and trip planners. Also includes a reduced fare program for eligible elderly and disabled persons, as well as a list of accessible stations. Metro-North Service to upstate New York, New Jersey and Connecticut. Long Island Railroad to far Brooklyn, Queens and Long Island.

Access-A-Ride

Phone: (877) 337-2017

MTA New York City Transit operates Access-A-Ride, the City's paratransit system. Access-A-Ride provides shared ride, door-to-door transportation for people with disabilities. Service is available 24 hours a day, seven days a week, including holidays. Fares are equivalent to MTA subway fares.

NYC Taxi & Limousine Commission

40 Rector St

New York, NY 10006

Phone: (212) 639-9675

Governs taxi regulations. Passengers can file complaints, compliments and report lost property, as well as view information about licensed services, rates of fare, and their rights.

Long Island Ferry

www.siferry.com

Provides Free ferry service between St. George on Staten Island and Whitehall Street in lower Manhattan. NYC operates and maintains the nine vessel fleet as well as the St. George Ferry Terminal on Staten Island, Whitehall Ferry Terminal in Manhattan. See website for details.

CHILD CARE & YOUTH SERVICES

New York City Administration

Child Care and Head Start

66 John St., 4th floor

New York, NY 10038

Phone: (212) 361-6279

Head Start is a national program that helps children and families access high quality, free education and health services in their own communities. Head Start has over 250 locations in New York City offering child care, education and health services. Additional Services: Adult Education, GED Programs, English Language Classes, Job Training and Housing Assistance.

Out Of School Time Program

Phone: (800) 246-4646

The largest afterschool initiative in the nation. These free programs offer a balanced mix of academic support, sports, recreational activities, and cultural experiences for elementary, middle school, and high school youth. The programs operate on most school holidays in order to meet the needs of working parents. There are over 500 programs in the 5 boroughs, contact for nearest location.

NYC Beacon Program

Phone: (212) 788-6754

Beacons are school-based community centers serving children, youth, and adults. There are currently 80 Beacons located throughout New York City, Beacons provide a range of activities for young people including tutoring, college prep, photography, basketball, and martial arts. Services for adults and families include General Education Diploma (GED) training, English for Speakers of Other Languages (ESOL) programs, parenting skills workshops, and tenant education and advocacy.

Day Care Council of New York, Inc.

12 West 21st St., 3rd Floor

New York, NY 10010

Phone: (212) 206-7818

www.dccnyinc.org

Primary Day Care referral service agency serving Manhattan. Additional services: Family Health Care Program, Infant/Toddler program, and Benefit Advocacy.

Children's Aid Society

105 East 22nd St

New York, NY 10010

Phone: (212) 949-4800

www.childrensaidsociety.org

New York based organization that provides and sponsors 8 community centers and family/child support programs. Services: Child care and referral services, adoption, foster care, after school programs, art and camps programs, pregnancy programs, health and nutrition, legal advocacy, sports and youth development.

Big Brothers Big Sisters of New York City

245 5th Ave., Suite 702

New York, NY 10016

Phone: (646) 274-6035

www.bigsny.org

Boy Scouts of Manhattan

350 5th Ave., #530

New York, NY 10016

Phone: (212) 242-1100

Girl Scouts of Manhattan

43 W 23rd St., # 7

New York, NY 10010

Phone: (212) 645-4000

www.girlscoutsnyc.com

UPPER WEST SIDE**West Side YMCA**

5 West 63rd St

New York, NY 10023

Phone: (212) 875-4100

www.ymcanyc.org

YMHA of Inwood and Washington Heights

54 Nagle Ave

New York, NY 10040

Phone: (212) 569-6200

www.ywashhts.org

Children's Arts & Science Workshops, Inc

4271 Broadway, 2nd Floor

New York, NY 10033

Phone: (212) 923-7766

Multiple locations. Services: After school and child care services, summer day camps, cultural workshops, youth employment, immigration specific services, highschool programs.

UPPER EAST SIDE**Harlem YMCA**

180 West 135th St.

New York, NY 10030

Phone: (212) 281-4100

www.ymcanyc.org

Boys and Girls Harbor

1 East 104th St

New York, NY 10029

Phone: (212) 427-2244

www.boysandgirlsharbor.net

Services: Afterschool and child care, Behavioral Health, Charter School, College Preparation, Day Care & Pre School, High School tutoring and Performing Arts program.

MIDTOWN WEST

YWCA Women's Empowerment Network

500 West 56th St

New York, NY 10020

Phone: (212) 937-8700

Services: Free/low cost child care, displaced homemaker program, computer training, benefits counseling, and parenting classes.

Lincoln Square Neighborhood Center

206 West 64th St

New York, NY 10023

Phone: (212) 874-0860

www.lsnyc.org

MIDTOWN EAST

Vanderbilt YMCA

224 East 47th St

New York, NY 10017

Phone: (212) 912-2500

www.ymcanyc.org

Madison Square Boys and Girls Club

350 Fifth Ave., #912

New York, NY 10012

Phone: (212) 760-9600

www.madisonsquare.org

LOWER WEST SIDE

McBurney YMCA

125 West 14th St

New York, NY 10011

Phone: (212) 912-2300

www.ymcanyc.org

Hudson Guild Children's Center

459 West 26th St

New York, NY 10001

Phone: (212) 760-9830

www.hudsonguild.org

LOWER EAST SIDE

The Educational Alliance

197 E. Broadway

New York, NY 10002

Phone: (212) 780-2300

Umbrella organization providing 42 programs in 24 locations, including preschools, camps, after school programs, senior centers, health & wellness programs, arts & culture classes, counseling services, and addiction recovery programs.

Chinatown YMCA

273 Bowery St

New York, NY 10002

Phone: (212) 912-2460

www.ymcanyc.org

Boys and Girls Club

197 East Broadway

New York, NY 10002

Phone: (646) 395-4295

www.bgca.com

FINANCIAL DISTRICT

Boys and Girls Club

5 Hanover Sq., # 300

New York, NY 10004

Phone: (212) 351-5480

www.bgca.org

Committee for Hispanic Children and Families

110 William St

New York, NY 10038

Phone: (212) 206-1090

www.chcfinc.org

Services: Child Care and Referral Services, After School Program, Benefit Advocacy, Family Health Education, Youth Development, and Nutrition.

EMPLOYMENT

New York City Job Centers

Information Phoneline: (877) 472-8411

There are 29 job centers throughout the five boroughs. All Job Centers offer temporary financial assistance, food stamps and Medicaid to eligible individuals. While in receipt of financial assistance, eligible adults are required to participate in an employment services or rehabilitative activity designed to help them achieve their highest level of self-sufficiency. While participating, individuals are provided with child care and transportation support. All job centers offer the following programs free of charge.

Back to Work Program

Includes Citywide contracts with community based employment and training organizations to provide job readiness training, placement services and vocational training to applicants and recipients of cash assistance.

The Work Experience Program

Provides a simulated work experience to individuals receiving cash assistance. Through this program, an employable individual is assigned to work for his/her cash assistance and food stamp benefits at NYC government agencies or private agencies throughout the City.

Individual Training Grants

Individual Training Grant (ITG) vouchers provide funding for occupational skills training that leads to employment in New York City growth occupations through Workforce 1 Career Centers. ITGs are intended to help jobseekers who need training to find a job, advance in their careers or change to an occupation with higher wages and/or more opportunities for advancement.

New York City Housing Authority: Resident Employment Services

Phone: (718) 289-8100

Residents of NYCHA can find employment assistance through a variety of different programs. Services: Referrals for employment, training, GED and ESL classes, apprenticeships, resume workshops, job interview and job search techniques, Employment in construction as part of the economic stimulus plan, Green City Force Training, NYCHA Resident Training Academy, Building Works Pre-Apprenticeship, YouthBuild, and Section 3/Resident Employment Program. Contact for specific details that are right for you.

Begin Employment, Gain Independence Now

Phone: (347) 436-1800

Begin is a welfare-to-work program specializing in basic skills and literacy instruction for participants with low basic skills and limited English proficiency. There are a variety of divisions to this initiative in order to best serve participants.

BEGIN Work Study: This is an intensive full-time work-study program that provides classroom instruction, supplemented by three days of work experience in a variety of clerical, human services or maintenance positions.

BEGIN Language Work Study: BEGIN Language Work Study Programs prepares limited English speaking adults for the workplace with a full range of integrated skills enhancement and support services including English language classes and work experience.

BEGIN Internship: The BEGIN Internship is a job readiness and employment program for individuals who attained their High School Diploma or GED.

BEGIN Vocational Work Study: This is an integrated program in which participants learn a specific, marketable skill in a classroom setting two days and work site three days per week.

BEGIN Employment Plus: Provides evening and weekend educational support, job retention support, counseling and case management for low-income working adults.

UPPER WEST SIDE

Housing Program Job Center

132 W. 125th St
New York, NY 10027
Phone: (212) 666-5678

Dyckman Job Center

4055 10th Ave
New York, NY 10034
Phone: (212) 569-9543

UPPER EAST SIDE

Workforce1 Career Center

215 West 125th St
New York, NY 10027
Phone: (917) 493-7000

Services: Help Job Searching, Personalized career counseling, Interview Advice, resumes and cover letters assistance, Job placement services Job Prep, Career workshops, GED and ESL classes.

East End Job Center

2322 Third Ave
New York, NY 10035
Phone: (212) 860-2749

MIDTOWN WEST

Nontraditional Employment for Women

243 West 20th St
New York, NY 10011
Phone: (212) 627-6252

Trains women and places them in skilled construction, utility, and maintenance trades. Programs/Services: Career training, job placement, work advocacy, Blue Collar Prep-a six-week full-time program geared towards giving women a well rounded introduction to the building trades and hands on experience, NEW at Night--evening program for

women who are currently working during the day. ReNEW--six-week full-time apprenticeship training program preparing women for environmental careers.

MIDTOWN EAST

Workforce1 Career Center

60 Madison Ave
New York, NY 10010
Phone: (718) 577-2194

Services: Help Job Searching, Personalized career counseling, Interview Advice, resumes and cover letters assistance, Job placement services Job Prep, Career workshops, GED and ESL classes.

Job Search Central

Science, Industry & Business Public Library
188 Madison Ave
New York, NY 10016
Phone: (212) 592-7044

Services: Workshops, classes, job search assistance, career counseling, job bank and computer workroom.

LOWER WEST SIDE

Waverly Job Center

12 West 14th St
New York, NY 10011
Phone: (212) 620-9890

Women's Center for Education and Career Advancement

198 West Broadway
New York, NY 10013
Phone: (212) 964-8934
www.wceca.org

LOWER EAST SIDE

Residential Treatment Job Center

109 E. 16th St

New York, NY 10003

Phone: (212) 835-8300

Primarily serves individuals identified as having significant barriers to employment and needing specialized services.

Workforce Development Center

99 Essex St., 3rd floor

New York, NY 10002

Phone: (212) 478-5400 x210

As part of the Henry St Settlement, the Workforce Development Center provides a number of services /programs: Interview Preparation, Resume Revision, Job Search Assistance, Job Coaching Career Planning, Post-Placement Services, Basic computer skills training, Vocational Training, Youth Employment and ATAIN Computer Lab provides computer training and classes all free of charge.

FINANCIAL DISTRICT

Refugee Job Center

2 Washington St

New York, NY 10004

Phone: (212) 495-7053

Primarily services refugee or immigrant clients as well as individuals with language barriers.

MEDICAL & DENTAL SERVICES

NYC Department of Health and Mental Hygiene

125 Worth St

New York, NY 10013

Phone: (212) 639-9675

New York State's offers multiple free/low-cost public health insurance programs. New York State's comprehensive public health insurance programs

include Child Health Plus, Family Health Plus, and Medicaid. These programs have varying eligibility requirements based on income, assets, immigration status, and other factors.

Mammogram Program

Phone: (718) 240-0577

Offers mammograms to eligible, uninsured women at little or no cost. All patients with an appointment will receive a clinical breast examination and consult with a provider. Services available at 15 locations throughout the five boroughs.

Nurse-Family Partnership

158 East 115th St., 2nd Fl.

New York, NY 10029

Phone: (646) 672-2855

This program provides maternal nurses to deliver the support first-time moms need to have a healthy pregnancy, become knowledgeable and responsible parents, and provide their babies with the best possible start in life. Program is available in all five boroughs with 8 different service locations. All services are free of charge.

Health and Home Care

160 Water Street, 9th Floor

New York, NY 10038

Phone: (646) 458-6100

Provides in home health care for patients with appropriate needs. Includes an initial home visit, develops an appropriate plan of care to meet the patients's needs and health concerns. Serves all five boroughs. Accepts medicaid.

Women's Healthline

280 Broadway

New York, NY 10007

Phone: (212) 230-1111

The Bureau of Maternal, Infant and Reproductive Health (BMIRH) promotes sexual, reproductive, maternal, perinatal, and infant health; seeks to reduce disparities in access to care; and educates and empowers New Yorkers to make informed, responsible, and healthy choices in their sexual

and reproductive lives. Serves all five boroughs, all services are free.

Grandparents Resource Referral Center

Phone: (212) 442-1094

The GRC provides a number of supportive services that include information and referral, recreational activities, educational workshops, advocacy, and case assistance to people who are raising grandchildren and other young relatives and need services to help them with this new role.

NY Quit Smoking Assistance

145 W 58th St., # 3F

New York, NY 10019

Phone: (866) NY-QUITS

The New York State Smokers' Quit Line may provide a 2-week starter kit of nicotine patches or other assistance for eligible smokers trying to stop smoking. The Quit Line also provides counseling, information on available services, information about using nicotine patches and referrals to local programs and clinics.

Women's Health Services

Administrative Office

2 Lafayette St., 18th floor

New York, NY 10007

Phone: (212) 442-1740

Women's Health Services provides comprehensive reproductive health services through a network of eight Centers and their back-up hospitals. Prenatal and family planning services are delivered by fully qualified physicians or midwives.

UPPER WEST SIDE

Washington Heights Health Center

600 West 168 St., 3rd Floor

New York, NY 10032

Phone: (212) 368-4500

Services: Adult and pediatric medicine, women's health, podiatry, HIV care, social work and referrals,

case management, and substance abuse counseling. Accepts most major insurance plans, Medicaid and Medicare.

William F. Ryan Community Health Center

110 West 97th St

New York, NY 10025

Phone: (212) 316-7906

www.ryancenter.org

Services: Primary Health care, Adolescent Clinic, Allergy, Dental Services, Dermatology, Health Education, HIV Services, Homeless Health Care, Mental Health, Mobile Medicine and Women's Health.

St. Nicholas Pediatric Health Center

281 West 127 St

New York, NY 10027

Phone: (212) 865-1300

UPPER EAST SIDE

Harlem Hospital Center

506 Lenox Ave

New York, NY 10037

Phone: (212) 939-1000

Services: Primary Health Care, Alcoholism/Substance Abuse, Cancer Control Center, Chest Clinic, Community Outreach, Dental, Family Planning, Gynecology, Health Education, HIV/AIDS, Men's Health Services, Mental Health, Pediatrics, Pharmacy, Podiatry, Prenatal Care, Psychiatric Emergency Services, Radiology, Rehabilitation Medicine, Social Services, Surgery, Tuberculosis, Urgent Care Center and Women's Health Services.

Metropolitan Hospital Center

1901 First Ave

New York, NY 10029

Phone: (212) 423-6262

Services: Primary Health Care, Alcoholism/Substance Abuse, Dental, Family Planning, Gynecology, Health Education, HIV/AIDS, Men's Health Services, Mental Health, Pediatrics, Pharmacy,

Podiatry, Prenatal Care, Radiology, Social Services, Surgery, Tuberculosis, Urgent Care Center and Women's Health Services.

Boriken Neighborhood Health Center

2253 Third Ave

New York, NY 10035

Phone: (212) 289-6650

Services: Women's health, dental, nutrition, STD screening, confidential HIV counseling and rapid testing, HIV specialty follow-up clinic, educational support group, case management service.

MIDTOWN WEST

Chelsea Free Clinic

303 Ninth Ave

New York, NY 10001

Phone: (212) 239-1725

Services: Primary health care, STD testing, Chest Center, walk-in immunization, social services.

Chelsea-Clinton Community Health Center

645 Tenth Ave

New York, NY 10036

Phone: (212) 265-4500

MIDTOWN EAST

Bellevue Hospital Center

462 First Ave

New York, NY 10016

Phone: (212) 562-4141

Services: Primary health care, Comprehensive medical care for HIV/AIDS, HIV counseling and testing, gynecology, nutrition, and social services.

New York University Free Clinic

Administrative Office

334 E. 26th St. #1C

New York, NY 10010

Phone: (917) 544-0735

Services: Pediatric and adult infectious diseases physicians, obstetrician-gynecologists, adherence counselors, child life counselors/art therapists, social workers, psychologists, psychiatrists, neurologist, dieticians, scientists, dentists and tutors.

Community Health Center

79 Madison Ave

New York, NY 10016

(212) 366-4500

Institute for Urban Family Health Center

16 East 16th St

New York, NY 10003

Phone: (212) 633-0800

LOWER WEST SIDE

Callen-Lorde Community Health Center

356 West 18th St

New York, NY 10011

Phone: (212) 271-7200

Services: Health and Support services targets gay, lesbian, bisexual, and transgender. Comprehensive medical, dental, HIV rapid testing, and mental health individual and group counseling, crystal meth support groups, sexual health clinic which includes STD testing and treatment. Special clinic for women & adolescents.

LOWER EAST SIDE

Charles B. Wang Community Health Center

268 Canal St

New York, NY 10013

Phone: (212) 379-6988

Baruch Family Health Center

280 Delancey St

New York, NY 10002

Phone: (212) 673-5990

FINANCIAL DISTRICT

Betances Health Center

280 Henry St

New York, NY 10002

Phone: (212) 227-8408

Services: Comprehensive primary care, HIV counseling and testing, pediatrics, OB/GYN, mental health, and dental.

Smith Houses Family Health Center

60 Madison St

New York, NY 10002

Phone: (212) 346-0500

FOOD

Emergency FoodLine

Phone: (866) 888-8777

Women, Infants Children (WIC) Program

Phone: (800) 522-5006

www.health.state.ny.us/prevention/nutrition/wic

The Special Supplemental Nutrition Program for Women, Infants and Children (WIC) offers nutrition education, breastfeeding support, referrals and a variety of nutritious foods to low-income pregnant, breastfeeding or postpartum women, infants and children up to age five.

Child and Adult Care Food Program

Phone: (800) 942-3858

www.health.state.ny.us/prevention/nutrition/cacfp/aboutcacfp.htm

The Child and Adult Care Food Program - CACFP is a nutrition education and meal reimbursement program helping providers serve nutritious and safely prepared meals and snacks to children and adults in day care settings.

The Coalition Against Hunger

Phone: (212) 825-0028 ext. 218

www.nyccah.org/free-food-assistance

The Coalition Against Hunger provides comprehensive guides or “Street Sheets” offering information on how and where to access the federal Food Stamp Program, WIC, school and summer meals, and various other free assistance resources for the following areas in Manhattan: Chelsea/West Side, Central Harlem, East Harlem/Manhattan East Side and the Lower East Side/East Village. These Street Sheets can be downloaded from their website.

School Meals

Phone: (718) 707-4400

School Meals is a Government program which provides free or reduced price in-school meals for students from eligible families or families receiving financial assistance. All meals are nutritious promoting health education and awareness.

Food Bank for New York City

39 Broadway, 10th Floor

New York, NY 10006

Phone: (212) 566-7855

www.foodbanknyc.org

A full listing of all food banks, soup kitchens and pantries can be downloaded here. www.nyc.gov/html/dhs/downloads/pdf/crh_food_ny.pdf

UPPER WEST SIDE

Harlem Hospital WIC Office

530 West 137th St., 3rd Floor

New York, New York 10031

Phone: (212) 939-2731

Provides WIC program services in the area. Monday 8am to 7pm, Tuesday –Friday 8am to 4pm and Saturday 8am to 2pm

St. Mark the Evangelist Church

65 West 138th St

New York, New York 10037

Phone: (212) 281-493

Food Pantry open to families from 12pm to 1pm Monday to Friday.

Harlem Temple Salvation Army

540 Lenox Ave

New York, NY 10037

Phone: (212) 862-3900

Food Pantry open Monday to Friday 9:30am to 3pm. Olny for those receiving no finances.

Food Bank for NYC Community Kitchen

252 West 116th St

NEW YORK, NY, 10036

Phone: (212) 566-7855 x8231

Soup Kitchen open from Monday and Friday 4pm to 6pm, Tuesday and Thursday 10am to 11am.

Metropolitan Baptist Church

151 West 128th St

NEW YORK, NY, 10037

Phone: (212) 663-8990

Soup Kitchen: Monday to Saturday from 12-4pm.

UPPER EAST SIDE**Mt. Sinai Site**

1665 Lexington Ave

New York, New York 10029

Phone: (212) 987-0994

Provides WIC program services in the area.
Food Pantry and Soup Kitchen as well.

All Saints Roman Catholic Church

47 East 129th St

New York, New York 10037

Phone: (212) 534-3535

Food Pantry open Saturday 8:30am to 10am (except fifth Saturday of the month). ID & proof of address required.

Bailey House

1751 Park Ave

New York, NY 10035

Phone: (212) 633-2500 x 308

Food Pantry open Wednesday and Friday 12pm to 1:30pm. Emergency bags available Monday-Friday: 9am to 5pm.

Yorkville Common Pantry

8 East 109th St

New York, NY 10029

Phone: (917) 720-9716

Soup Kitchen open Monday– Friday 8am to 9:15am. Monday, Wednesday, Friday 4 :30pm to 6pm. Laundry service & Showers.

MIDTOWN WEST**Open Door**

402 West 41st St

New York, New York 10036

Phone: (212) 465-097

Soup Kitchen open daily Breakfast 8:30am, Lunch 12:15pm, Dinner 4:30pm.

St. John's Bread of Life

211 West 30th St

New York, NY 10001

Phone: (212) 564-907

Food Pantry open daily from 7am.

MIDTOWN EAST**Grand Central Neighborhood****Social Service Corp.**

120 East 32nd St

New York, NY 10016

Phone: (212) 883-0680

Soup Kitchen open Monday–Sunday: Breakfast, Lunch, Dinner and Snacks.

St. Bartholomew's B.F.P.

109 East 50th St

New York, NY 10022

Phone: (212) 378-0234

Food Pantry: Tuesday and Friday 11am to 2pm.

LOWER WEST SIDE

The Door

555 Broome St

New York, NY 10013

Phone: (212) 941-9090

www.door.org

Additional social services available at this location.

New York City Rescue Mission

90 Lafayette St

New York, NY 10013

Phone: (212) 226-6214

www.nycrescue.org

Soup Kitchen and Food Pantry.

God's Love We Deliver

166 Avenue of the Americas

New York, NY 10013

Phone: 212.294.8100

www.glwd.org

Food Pantry, Delivered Meals, and Senior Center.

LOWER EAST SIDE

Our Lady of Sorrows Soup Kitchen

213 Stanton St

New York, NY, 10002

Phone: (212) 673-0900

Monday to Friday 4:00 pm to 5:00 pm

Bowery Mission Soup Kitchen

227 Bowery St

New York, NY, 10002

Phone: (212) 684-2800

Meals Provided: Monday to Friday 5:15 - 6:30pm

Saturday & Sunday 2:30 pm - 6:30 pm

Bettances Health Unit

280 Henry St

New York, NY 10002

Phone: (212) 227-9001

Food Pantry open Monday to Friday 9:00 to 5:00.

The Meatloaf Kitchen

137 East 2nd St

New York, NY 10009

917-754-9878

www.meatloafkitchen.org

Hot Meal on Saturday, Food Pantry, Clothing and Household Item Donations, additional services referral.

FINANCIAL DISTRICT

John Heuss House Drop-In Center

42 Beaver St

New York, NY 10004

Phone: (212) 785-0774

Monday to Friday Breakfast: 10:30; Dinner 4:30.

Food Stamp Offices

40 Rector St

New York, NY 10006

Phone: (718) 742-3958

Benefit Screening and Referrals, Food Pantry and Soup Kitchen Directories.

FINANCIAL ASSISTANCE

Temporary Assistance for Needy Families

180 Water St., # 1

New York, NY 10038

Phone: (877) 472 8411

Eligible families may receive up to 60 months of federally funded cash assistance under the Temporary Aid to Needy Families Program (TANF). Single individuals without children may receive benefits under the New York State Safety Net Program. Also, families who have received cash assistance for 60 months may continue to receive benefits under the New York State Safety Net Program.

Emergency Assistance - “One Shot”

1825 Park Avenue, Suite 503

New York, NY 10035

Phone: (212) 480-2870

New York City residents may apply for a one-time emergency grant, also called a “One Shot”, when an unforeseen circumstance prevents the applicant from meeting an expense. Emergency grant applicants may obtain rental assistance in cases of impending evictions, assistance with home energy and utility bills, disaster assistance including moving expenses, and the purchase of personal items for health and safety.

New York City Office of Financial Empowerment

42 Broadway, 8th floor

New York, NY 10004

Phone: (212) 487-2710

The Office of Financial Empowerment (OFE) is the first local government initiative in the nation with a mission to educate, empower, and protect New Yorkers with low incomes so they can build assets and make the most of their financial resources.

Services: Operates the Financial Education Network which educates about financial literacy, offers financial counseling and provides social services referrals.

Home Energy Assistance Program

Phone: (800) 692-0557

Home Energy Assistance Program (HEAP) helps low-income homeowners and renters pay bills for heating fuel, equipment and repairs. Also operates HEAT LINE (212) 331-3150 The Heat Line program functions as the homebound unit for HEAP. Requests and referrals for a home visit if you are having trouble paying your bills. Utility Assistance Program (UAP) assists families or individuals who are elderly, blind, disabled, mentally impaired or those residing in a neglected or hazardous environment who require financial assistance for their energy bills.

UPPER WEST SIDE

Goddard Riverside One-Stop Center

140 West 140th St

New York, NY 10030

Phone: (212) 234-3481

www.goddard.org

Services: Benefits Screening and Referrals, Food Stamps, Healthcare, Financial Counseling, Bank Accounts, Debt Management, Tax Filing and Legal Consultation.

Seedco’s Upper Manhattan One-Stop Center

215 West 125th St., 6th Floor

New York, NY 10027

Phone: (917) 493-7017

Services: Benefits Screening and Referrals, Food Stamps, Medicaid, Financial Counseling, and Tax Filing.

UPPER EAST SIDE

Center for Urban Community Services

198 East 121st St., 5th Floor

New York, NY 10035

Phone: (212) 927-0962

www.cucs.org

Services: Benefits Screening and Referrals, Financial Counseling, and Tax Filing.

Urban Justice Center

8 East 109th St

New York, NY 10029

Phone: (646) 602-5600

www.urbanjustice.org

Services: Benefits Screening and Referrals, Financial Counseling and Legal Consultation.

MIDTOWN WEST

Neighborhood Housing Services of New York

307 West 36th St., 12th Floor

New York, NY 10018

Phone: (212) 519-2512

Financial Empowerment Center. Services: Benefits Screening and Referrals, Food Stamps, Healthcare, Financial Counseling and Housing Counseling.

Midtown Community Court

314 West 54th St

New York, NY 10019

Phone: (646) 264-1365

Financial Empowerment Center. Services: Benefits Screening and Referrals, Food Stamps, Healthcare, Financial Counseling, Debt Management, Tax Filing and Legal Consultation.

MIDTOWN EAST

Community Service Society of NY

105 East 22nd St

New York, NY, 10010

Phone: (212) 614-5586

www.cssny.org

Services: Benefits Screening and Referrals, Healthcare, Financial Counseling, and Bank Accounts.

Accion USA

115 East 23rd St., 7th Floor

New York, NY 10010

Phone: (212) 387-0377

Services: Benefits Screening and Referrals, Financial Counseling.

LOWER WEST SIDE

Parodneck Foundation

121 Sixth Ave

New York, NY 10013

Phone (212) 431-9700

www.parodneckfoundation.org

Services: Benefits Screening and Referrals, Food Stamps, Healthcare, Housing Counseling and other programs, Financial Counseling, and Tax Filing.

LOWER EAST SIDE

Grand Street Settlement

80 Pitt St

New York, NY 10002

Phone: (646) 421-2089

Services: Benefits Screening and Referrals, Food Stamps, Medicaid, Financial Counseling, Debt Management, Tax Filing and Legal Consultation. Additional services: Early Childhood center and Head-Start program, Beacon Center, elderly programs.

Asian Americans for Equality

111 Division St

New York, NY 10002

Phone: (917) 822-5709

Financial Empowerment Center. Services: Benefits Screening and Referrals, Food Stamps, Healthcare, Financial Counseling and Tax Filing.

FINANCIAL DISTRICT

Center for Employment Opportunities

32 Broadway, 16th FL

New York, NY 10004

Phone: (212) 422-4430

CEO's program model provides a road map for participants to find full-time employment and remain crime free. CEO achieves this goals by providing life skill education, short-term paid transitional employment, full-time job placement and post-placement services. Services: Benefits Screening and Referrals, Financial Counseling, Debt Management, and employment training.

HOMELESS / TRANSITIONAL SERVICES

Department of Homeless Service

33 Beaver St., 17th Floor

New York, NY 10004

Phone: (212) 361-8000

DHS works with about 150 non-profit and other organizations to deliver shelter and related services to homeless New Yorkers.

Homebase NYC

2276 3rd Ave

New York, NY 10035

Phone: (917) 492-1019

Homebase is a city-wide program designed to help families and individuals overcome immediate housing problems that could result in becoming homeless, and to develop a plan for long-term housing stability. Homebase clients are assigned a case manager who will coordinate all their services. there are 13 Homebase office locations throughout the five boroughs. Services: Family or tenant/landlord mediation, Household budgeting, Emergency rental assistance, Job training and placement, and Benefits advocacy.

UPPER WEST SIDE

Capital Hall Residence

166 West 87th St

New York, NY 10024

Phone: (212) 724-1000

www.goddard.org

Services: Emergency Shelter, Intake Services, Benefit Screening and Referral.

Center for Urban Community Services

312 West 127th St

New York, NY 10027

Phone: (212) 665-1678

This is a Transitional Living Service for mentally ill homeless adult men and women. Their drop-in center offers a range of support services, including

psychiatric services and case management.

UPPER EAST SIDE

Boulevard

2027 Lexington Ave

New York, NY 10035

Phone: (212) 996-0015

www.brc.org

Services: Emergency Shelter, Intake Services, Benefit Screening and Referral, Transitional Housing, Supported Permanent Housing, Employment Services, Senior Services, Food Services.

MIDTOWN WEST

Olivieri Center

257 West 30th St

New York, NY 10001

Phone: (212) 947-3211

Drop In Center. Services: Emergency Shelter, Intake Services, Benefit Screening and Referral.

The Dwelling Place of NY, Inc.

409 W. 40th St

New York, NY 10018

Phone: (212) 564-7887

www.thedwellingplaceofny.org

Womens Transitional Housing and Soup Kitchen.

Covenant House

427 West 52nd St

New York, NY 10019

(212) 245-6802

www.covenanthouseny.org

MIDTOWN EAST

Grand Central Neighborhood Social Services

120 East 32nd St

New York, NY 10016

(212) 883-0680

www.grandcentralneighborhood.org

Services: Emergency Shelter, Intake Services,

Benefit Screening and Referral, Transitional Housing, Supported Permanent Housing, Outpatient Treatment, Food Pantry and Soup Kitchen.

LOWER WEST SIDE

Salvation Army
120 West 14th St
New York, NY 10011
(212) 337-7459
salvationarmyusa.org

Homes for the Homeless
36 Cooper Sq., 6th Floor
New York, NY 10003
Phone Number: (212) 529-5252

LOWER EAST SIDE

Bowery Mission
45-51 Avenue D
New York, NY 10009
Phone: (212) 777-3424
www.bowery.org

Nazerath Housing
206 East 4th St
New York, NY 10009
(212) 477-7017
www.nazarethhousingnyc.org
Services: Emergency Shelter, Intake Services, Benefit Screening and Referral, Transitional Housing, Supported Permanent Housing, Homelessness Prevention, Food Pantry and Soup Kitchen.

Shelter and Food for the Homeless, Inc.
602 E 9th St
New York, NY 10009
Phone Number: (212)228-5254

FINANCIAL DISTRICT

NYC Rescue Mission
299 Broadway
New York, NY 10007

Phone: (212) 226-6214
Services: Emergency Shelter, Intake Services, Benefit Screening and Referral, Showers, Chapel Service, Employment Training, Food Services.

Coalition for the Homeless
129 Fulton St
New York, NY 10038
Phone: (212) 964-5900
www.coalitionforthehomeless.org
Services: Emergency Shelter, Intake Services, Benefit Screening and Referral, Transitional Housing, Supported Permanent Housing, legal counseling, Homeless Advocacy, Eviction Prevention, Rental Assistance, Utility Grant Programs, Food Pantry and Soup Kitchen.

HOUSING / HOUSING COUNSELING

New York City Housing Authority
250 Broadway
New York, NY 10007
Phone: (212) 306-3000
Provides decent and affordable housing in a safe and secure living environment for low- and moderate-income residents throughout the five boroughs. Operates a number of programs that support and subsidize affordable housing.

Family Eviction Prevention Supplement
Upper Manhattan: 212-426-3000
Lower Manhattan: 212-577-3300
Eligible Families are granted assistance to pay their rent when facing eviction, this includes past due rent. The program establishes a monthly subsidy allocated towards rental expenses for up to five years.

Center for New York City Neighborhoods
74 Trinity Place, Suite 1302
New York, NY 10006
Phone: (646) 786-0884
Through comprehensive citywide programming

that includes legal services, housing counseling, and consumer education, pursues multiple strategies to assist those at risk of losing their homes to foreclosure - both homeowners and renters alike.

Division of Housing and Community Renewal

25 Beaver St

New York, New York 10004

Phone: (212) 480-6700 OR (1-866-275-3427)

Consists of all the State's major housing and community renewal agencies including The Affordable Housing Corporation, The Division of Housing and Community Renewal, Housing Finance Agency, State of New York Mortgage Agency, Housing Trust Fund Corporation and others. Is also the contact for the office of Fair Housing and Equal Opportunity and offers advice on finding low income housing.

UPPER WEST SIDE

West Harlem Group Assistance

1652 Amsterdam Ave

New York, NY 10031

Phone: (212) 281-5552

West Harlem Group Assistance launched the e Harlem Stakeholders program, a wealth building initiative which seeks to expand wealth building opportunities for local low - moderate income residents in the form of homeownership, education and small business development. WHGA is also in control of a a number of housing facilities in West Harlem.

Northern Manhattan Improvement Corporation

76 Wadsworth Ave

New York, NY 10033

Phone: (212) 822-8300

www.nmic.org

The Northern Manhattan Improvement Corporation provides housing programs aimed at minimizing evictions and maximizing improvements to the housing stock, as well as employment and social services to residents. Programs include community organizing and housing development, such as the renovation of buildings and the creation of the

Lead-Safe House, a temporary residence where families with children poisoned by peeling lead paint can live while their own apartments are being renovated.

UPPER EAST SIDE

Eviction Intervention Services

150 East 62nd St

New York, NY 10021

Phone: (212) 308-2210

Provides free legal counseling to those facing eviction. Services: Elder Advocacy, Educational Outreach, Legal Clinics, Benefits Counseling.

Palladia

2276 3rd Ave

New York, NY 10035

Phone: (917) 492-1019

www.palladiainc.org

Multi-service non-profit organization offering a variety of programs. Services: Housing Counseling, Benefit Screening, Homeless Shelter, Substance Abuse Treatment, Mental Health Counseling, HIV Counseling, and Family Services.

MIDTOWN WEST

Housing Conservation Coordinators

777 Tenth Ave

New York, NY 10019

Phone: (212) 541-5996

Housing Conservation Coordinators is a not-for-profit organization that seeks to preserve safe, decent and affordable housing. Services: Housing Counseling, Mortgage Counseling and Eviction Prevention.

Local Initiatives Support Corporation New York

501 Seventh Ave., 7th Floor

New York, NY 10018

Phone: (212) 455-9800

Provides affordable homeownership opportunities for working-class families as well as Neighborhood Entrepreneurs Program and Neighborhood resto-

ration programs with an ultimate goal of developing and supporting low income communities. Services: Housing Counseling, Loan and Mortgage Counseling, as well as multiple social services through above mentioned programs.

MIDTOWN EAST

City Bar Justice Center - Lawyers Foreclosure Intervention Network

42 West 44th St
New York, NY 10036
Phone: (212) 382-6766

The project provides legal assistance to low-to-moderate income homeowners facing foreclosure, with the goal of keeping them in their homes. Volunteer attorneys assist homeowners in negotiating with the lender to modify or restructure the loan and represent borrowers at the foreclosure settlement conferences.

The Bridge Fund

105 East 22nd St., Suite 621 E
New York, NY 10016
Phone: (212) 674-0812

The Bridge Fund provides services in close cooperation with other social service agencies. All residents of New York City boroughs must be referred by another agency to The Bridge Fund. Services: Eviction Intervention, Housing Counseling, and Debt Management.

LOWER WEST SIDE

Project Renewal

200 Varick St., # 900
New York, NY 10014
Phone: (212) 620-0340
www.projectrenewal.org

Once formerly homeless men and women have the tools to live independently in the community and the means to stay there, they need housing that is affordable and safe, and provides easy access to whatever help they may need to stay housed. Project Renewal offers clients a range of housing-

plus-services options - from supportive housing, like Geffner House, the St. Nicholas House and our Shelter-Plus-Care apartments to more supervised housing like the Clinton Residence and the LeonaBlanche house.

LOWER EAST SIDE

Housing Court Volunteer Lawyers Program

111 Centre St
New York, NY 10013

Volunteer lawyers provide free legal advice to self-represented owners and tenants in the Housing Court's Resource Center. Volunteer lawyers meet with unrepresented litigants on a walk-in basis.

Good Old Lower East Side

169 Avenue B
New York, NY 10009
Phone: (212) 358-1231

Good Old Lower East Side, Inc. serves residents of the East Side of Manhattan from 14th Street to Delancey Street. GOLES staff provides free assistance to neighborhood residents in the areas of eviction prevention, tenant organizing, assistance with housing court, and dissemination of information on housing and entitlement services.

FINANCIAL DISTRICT

Dept. of Housing Preservation and Development

100 Gold St
New York, NY 10038

HPD is the largest municipal developer of affordable housing in the nation. HPD works with its governmental, community, non-profit and for-profit partners to strengthen neighborhoods, increase the availability of well-maintained, affordable housing and enable more New Yorkers to become homeowners.

Fair Housing Justice Center

5 Hanover Sq., 17th Floor
New York, NY 10004
Phone: (212) 400-8201

LOW-INCOME LEGAL SERVICES

Legal Aid Society Harlem

230 East 106th Street
New York, New York 10029
Phone: (212) 426 3000

Legal Services NYC

90 John Street, Suite 301
New York, New York 10038-3243
Tel: (646) 442-3100
www.legalservicesnyc.org
Services: Free Legal Services, Family, Housing,
Government Benefits, and Immigration Counseling.

Legal Services NYC

1 West 125th Street, 2nd Floor
New York, New York 10027
Tel: (212) 348-7449
www.legalservicesnyc.org
Services: Free Legal Services, Family, Housing,
Government Benefits, and Immigration Counseling.

UPPER WEST SIDE

African Services Committee

429 West 127th Street
New York, New York 10027
Phone: (212) 222-3882
www.africanservices.org

Services: Free civil legal services and immigration representation for people living with HIV. Nominal fee immigration clinic for African immigrants providing visa extension, work authorization applications, citizenship petitions etc.

Work Force 1 Career Center Manhattan

215 West 125th Street 6th Floor
New York, New York 10027
<http://www.nyc.gov/html/sbs/wf1>

Services: Legal services, Immigrant legal assistance, General social services, Employment advice.

UPPER EAST SIDE

Lenox Hill House

331 East 70th Street
New York, New York 10021
Phone: (212) 744 - 5022
www.lenoxhill.org

Services: free civil legal services, including assistance with housing issues, public benefits and entitlements, family law, voter registration, and tax preparation; and referrals to other LHNH services.

MIDTOWN WEST

New York Legal Assistance Group

450 West 33rd Street 11th Floor
New York, New York 10001
Phone: (212) 613 - 5000
<http://www.nylag.org>

Non-profit law firm providing free civil legal assistance to at-risk, low-income populations. Also sponsors a program, LegalHealth, that places attorneys in hospitals and community-based organizations throughout New York City, in order to provide free legal consultations with clients.

City Bar Justice Center

42 West 44th Street
New York, NY 10036
Phone: (212) 626 - 7383
www.citybarjusticecenter.org

Services: Legal hotline, immigrant women and children program, refugee assistance project, foreclosure intervention, veterans assistance, housing court assistance, consumer bankruptcy project, elder law project, homeless legal clinic, cancer advocacy project, microentrepreneur assistance, and neighborhood entrepreneur project.

MIDTOWN EAST

Volunteer Lawyers for the Arts
1 East 53rd Street 6th Floor
New York, New York 10022
Phone: (212) 319 - 2787 Ext.1 Art Law Line
www.vlany.org/legalservices
Non-profit organization offering low-income arts professionals and students pro bono (free) or low-cost legal representation and assistance, as well as a free art law information hotline.

LOWER WEST SIDE

Center for Women and Families - FECS
315 Hudson Street 7th Floor
New York, New York 10013
Phone: (888) 242 - 5838
www.fegs.org
Serving individuals and families affected by domestic violence. Services: crisis intervention, individual and group counseling, case management, benefits advocacy, English and computer classes, job placement assistance, legal referrals, and immigrant advocacy and legal assistance.

Legal Momentum
395 Hudson Street
New York, New York 10014
Phone: (212) 925 - 6635
www.legalmomentum.org
Services: legal information, referrals on legal aid, support for female immigrants and survivors of abuse, sexual harassment, and workplace violence.

LOWER EAST SIDE

Open Hands Legal Service
545 East 11th Street,
New York, New York 10009
<http://nychristianlegalservices.org/>
Services: Provides volunteer attorneys, law stu-

dents, and parents to low income individuals and families.

FINANCIAL DISTRICT

Urban Justice Center
123 William Street 16th Floor
New York, New York 10038
Phone: (646) 602 - 5600
www.urbanjustice.org
Services: referrals to any of their eight affiliate programs providing free legal representation and advocacy, counseling, litigation, social services, and community education.

American Civil Liberties Union
125 Broad Street
New York, New York 10004
Phone: (212) 549 - 2500
www.aclu.org
Non-profit legal project offering immigrants who have been victims of unconstitutional restrictions with information and referrals to legal assistance and a Web site providing extensive educational materials on immigrants' rights.

Manhattan Personal Resources

COUNSELING AND MENTAL HEALTH

New York Dept. of Health and Mental Hygiene

125 Worth St., CN 33

New York, NY 10013

Phone: (212) 219-5393

Responds directly to consumers needs in three distinct disability areas: mental health, mental retardation / developmental disabilities and chemical dependency.

Crisis Intervention

1-800-LIFENET

Coordinate, implement and review emergency and non-emergency requests for assistance to “at risk” mentally disabled persons in the community who demonstrate behavior dangerous to themselves or others in New York City.

National Alliance of Mental Illness New York City

505 Eighth Ave., Suite 1103

New York, NY 10018

phone: (212) 684-3264

www.namincmetro.org

NAMI-NYC Metro is a 501(c)(3) not-for-profit organization that provides support, education, and advocacy throughout the New York metropolitan area on behalf of families affected by mental illness and their loved ones—all free of charge to the public. The National Alliance on Mental Illness of New York City (NAMI-NYC Metro) is a support, education, and advocacy organization for the mental health community. Various Services for families and individuals whose lives are affected by mental illness. All programs and services are free of charge.

UPPER WEST SIDE

Goddard Riverside Community Center

965 Columbus Ave

New York, NY 10025

Phone: (212) 531-2727

Goddard Riverside’s Assertive Community Treatment Team provides psychiatric treatment and intensive case management for 68 adults with severe, persistent mental illnesses. Goddard Riverside’s ACT Team is committed to the principle that people suffering from mental illness should be treated with respect and that effective, lasting treatment takes place in a community context.

Upper Manhattan Mental Health Center

1727 Amsterdam Ave

New York, NY

Phone: (212) 694-9200

Upper Manhattan Mental Health Center is a non-profit organization whose mission is to enable individuals and families, regardless of age, to efficiently and productively meet the many challenges within today’s scope of “problems of living” by providing comprehensive community services in a caring environment.

UPPER EAST SIDE

The Bridge ACT

1795 Lexington Ave

New York, NY 10029

Phone: (212) 289-1788

Offering Outpatient Services within the community. ACT is a nationally recognized model designed for individuals who would not usually get involved in treatment programs.

Ackerman Institute for the Family

149 East 78th St
New York, NY 10075
Phone: (212) 879-4900

Family therapy is a method of understanding and treating emotional problems and personal crises by working with family members, rather than the individual. Therapy sessions focus on aiding families in developing more effective, less stressful patterns of living.

MIDTOWN WEST**Fountain House**

25 West 47th St
New York NY 10036
Phone: (212) 582-0340
www.fountainhouse.org

We offer innovative support services in the areas of employment, education, housing, and wellness, as well as an initiative targeted at young adults. By combining life-long community support and diverse opportunities for advancement, we empower our members not only to recover but to pursue their goals and dreams. Fountain House's programs are redefining what our members believe is possible for their lives and changing the way society views the capabilities of people with mental illness.

McMurray Clinic

115 West 13th St., 5th Floor
New York, NY 10003
Phone: (212) 564-6006

Individual, group and family counseling for adults, adolescents and children, particularly those who are low-income, homeless and/or victims of domestic violence. Treatment issues include parenting skills, substance abuse, domestic violence, and problems related to the transition between biological families and foster care.

MIDTOWN EAST**Assisted Outpatient Treatment at Bellevue**

462 1st Ave
New York, NY 10016
Phone: (212) 562-4141

Through the use of a court-ordered treatment plan, consumers have the opportunity to better engage in treatment and graduate to less restrictive mental health rehabilitation services.

Beth Israel Medical Center Adult Clinic

10 Nathan Perlmans Place
New York, NY 10003
Phone: (212) 420-4135

Services: Patient Counseling, Child and Family Counseling, Inpatient Care, ACT Program and Clinical Treatment.

LOWER WEST SIDE**Fulton Center**

119 9th Ave
New York, NY 10011
Tel (212) 924-6710

Provides a broad array of prevention and treatment strategies, including a fully licensed, professionally staffed mental health clinic; on-site school-based services; supportive services for families at risk of abuse or neglect and crisis counseling.

LOWER EAST SIDE**St. Marks Place Institute for Mental Health**

57 St. Marks Place
New York, NY 10003
Phone: (212) 982-3470

The outpatient clinic treatment program provides a full range of psychiatric, psychological, social work and case work services to treat mental illness, emotional disorders, psychological, and behavioral problems. Services: Child-behavioral, hyperactivity; adolescent adjustment, mental illness; marital relationships disorders, and parent-child conflict.

University Settlement Society New York

176 Eldridge St

New York, NY 10002

Phone: (212) 453-4593

Full mental health clinic offers a wide variety of treatment options to community members confronting a complexity of problems, including depression, domestic violence, sexual abuse, family crises, and chronic mental illness. Offering services in Spanish and a variety of Chinese dialects as well as in English.

FINANCIAL DISTRICT

CIS Counselling Center

116 John St., 27th Floor

New York, NY 10038

Phone: (212) 385-0086

CIS Counseling Center, Inc. is a not for profit corporation licensed by the State of New York to provide treatment in mental health and substance abuse in an outpatient setting in our main clinic located in downtown Manhattan as well as on-site school programs located throughout the boroughs.

Institute for community living

40 Rector St., 8th Floor

New York, NY 10006

Phone: (888) 425-0501

www.iclinc.net

The Mission of the Institute for Community Living Inc. (ICL) is to assist individuals and families affected by or at risk for mental and developmental disabilities with services and support designed to improve their quality of life and participation in community living. ICL is a trusted leader in providing innovative opportunities for the people it serves to participate in the benefits of community living. ICL works to improve communities by fostering acceptance, inclusion and hope.

PARENTING SERVICES

New York Office of Family Services

80 Maiden Ln # 23

New York, NY 10038

Phone: 845-452-1110

Family Services is dedicated to helping adults, children, seniors and families find the help, emotional support and resources they need. Offers various programs including Fatherhood Initiative, Child Care, Parenting Resources and Service Referrals.

New York Office of Children Services

150 William St

New York, NY 10038

Phone: (212) 676-8905

Services: Parenting Services, Counseling, Child Care, School Referrals, and Additional Services.

Child Protective Borough Offices

55 West 125th St., 12th Floor

New York, NY 10027

Phone: (212) 289-2780

ACS has Borough Offices in each of the five main boroughs of New York City. The main activity of ACS Field Offices is child protective investigation and casework. If your child has been placed in foster care, you should call your local Field Office to contact your caseworker. ACS field offices also provide information about preventive services programs for families and help to parents who want to voluntarily place their children in foster care.

Teen-Adolescent Services Act

127 West 127th St

3rd Fl., Room 306

New York, NY 10027

Phone: (212) 665-2600

TASA programs work with pregnant or parenting teens who are receiving Medicaid or whose child only has Medicaid. TASA's case managers help mothers and fathers under age 22 to manage their new responsibilities, and learn how to provide better futures for themselves and their children.

UPPER WEST SIDE

Bernie Wohl Center

647 Columbus Ave
New York, NY 10025
Phone: (212) 799-9400

The Bernie Wohl Center is home to Goddard Riverside's After-School Program, Summer Day Camp, Manhattan Outreach Consortium, and other community programs. Youth programs at Goddard Riverside /Bernie Wohl annually serve more than 2,000 children and youth, from first-graders to high school seniors.

Center For Aware Parenting

360 Central Park W # 1A
New York, NY 10025
Phone: (212) 865-7541

Services: Parenting Classes, Parenting Groups, and Referral Services.

UPPER EAST SIDE

Inwood House

320 East 82nd St
New York, NY 10028
Phone: (212) 861-4400

The Inwood House Maternity Residence is a haven for pregnant teens in foster care, homeless or adjudicated, who have nowhere else to turn. Services: Shelter, Counseling, Meal Service, Prenatal Care, Diverse Staff of Specialists and Service Referrals, Parenting Skills Classes, and one-on-one support.

Greenhope Services for Women Inc.

186 East 123rd St., 2nd floor
New York, NY 10035
Phone: (212) 996-8633

DYCD's Healthy Families programs provide case management services and referral assistance with issues such as domestic violence prevention, substance abuse, HIV/AIDS support services, and nutrition.

MIDTOWN WEST

Living for the Young Family Through Education

500 Eighth Ave., 7th Floor
New York, NY 10018
Phone: 212-244-1274

The Living for the Young Family through Education program supports pregnant and parenting students enrolled in a NYC Department of Education school by providing childcare and referral services. Each LYFE site has a childcare center for students' young children and is linked to a social services and health referral network developed by the on site LYFE Social Worker. The LYFE childcare centers are under the direction of a licensed Early Childhood Teacher, who is assisted and supported by two or three Care Givers (paraprofessionals). As a team, they provide a safe and healthy learning environment that invites active exploration and play for the optimum growth and development of all infants and toddlers.

MIDTOWN EAST

Single Parents Resource Center

31 East 28th St., 2nd floor
New York, NY 10001
Phone: (212) 951-7030

Services: Parenting Programs and Classes, support to low income single parents, support groups for any single parent, Taking the Stress Out of Parenting Single Parents in Recovery (for single parents who are recovering from mental illness or other), Access for Children (mother who has had her child removed).

Parents in Action

1270 Ave of the Americas #2900
New York, NY
Phone: (212) 987-9629

Provide parenting education, information and a communications network to help parents prepare their children and teenagers to cope with social pressures and make sound choices towards a future free of alcohol and drug abuse.

LOWER WEST SIDE

Tribecca Parenting

46 Warren St
New York, NY 10007
Phone: (646) 863-4500
www.tribecaparenting.com
Services: Parenting Classes, Parenting Workshops,
Parenting Support Groups, Parent Child Classes
and Referrals services for day care and school
placement.

LOWER EAST SIDE

Planned Parenthood

26 Bleecker St
New York, NY 10012
Phone: (212) 965-7000

Leading nation-wide family planning organization
and sex education institution. Services include:
Workshops, peer counseling, case management,
abortion counseling, family planning, free con-
doms, reproductive health care, education and
advocacy, mobile medical van brings sex educa-
tion to streets of NYC.

FINANCIAL DISTRICT

The Family Center

66 Reade St., # 3
New York, NY 10007
Phone: (212) 766-4522

If your family is faced with illness, crisis or loss,
TFC is here to give you hope. Staff works with you
and your family, based on your unique situation,
until you are ready to stand on your own. Offer le-
gal, social, and health support services to vulnera-
ble New Yorkers. Services are multidisciplinary and
serve a broad range of needs. Call for a personal
appointment to get one-on-one mentoring.

DRUG AND ALCOHOL ABUSE

Office of Alcoholism and Substance Abuse

501 7th Ave
New York, NY 10018
Phone: 518-473-3460
*Provide Addiction services for prevention, treat-
ment and recovery from addiction. Call for Refer-
ral Services. Runs city-wide Needle Exchange
Programs.*

Needle Exchange Information

*-Call for locations
The City provides referrals for needle exchange
programs where used syringe needles can be ex-
changed for clean ones. There is no out-of-pocket
expense. Client information is kept confidential.*

Alcoholics & Narcotics Anonymous

307 Seventh Ave., Room 201
New York, NY 10001
United States
Phone: (212) 647-1680
*Local A.A. service office, established and sup-
ported by A.A. groups and members, to help carry
the A.A. message within a specific geographic area;
it is a partnership of A.A. groups just as an A.A.
group is a partnership of individuals. Alcoholics
Anonymous® is a fellowship of men and women
who share their experience, strength and hope with
each other that they may solve their common prob-
lem and help others to recover from alcoholism.
The only requirement for membership is a desire to
stop drinking.*

UPPER WEST SIDE

Narcotics Anonymous Meeting

*Church of The Crucifixion
459 West 149th St
New York, NY 10031
Meeting begins Friday at 7:30pm*

Alcoholics Anonymous Meeting

Spiritual Renewal Church
2044 Adam Clayton Powell Blvd.
New York, NY 10027
Monday, Wednesday and Friday at Noon.

UPPER EAST SIDE

Alcoholics Anonymous Meeting Harlem

Veterans Residence
22 East 119th St., 1st Floor Cafeteria
New York, NY 10035
Sunday and Monday at 1pm

Narcotics Anonymous Meeting

Church of Saint Joseph of Yorkville
404 East 87th St
New York, NY 10028
Friday at 7:30pm

Odyssey House

219 East 121st St
New York, NY 10035
Phone: (212) 987-5100

Men and women in recovery form a highly structured, peer-driven community to help individuals with substance use disorders re-establish the emotional strength and acquire the skills to lead drug-free lives. Community living includes medical services, cultural and recreational activities, educational and vocational guidance, housing assistance, day care, and other programs to support the well-being of thousands of clients. A sliding scale fee assessment makes addiction treatment run by Odyssey House affordable to all.

MIDTOWN WEST

Alcoholics Anonymous Meeting

46th Street Club House
252 West 46th St., 3rd Floor
New York, NY 10036
Daily at 1:30pm

Narcotics Anonymous Meeting

351 West 42nd St
New York, NY 10036
Friday and Sunday at 8pm. Wednesday at 6:30pm.

Samaritan Village

327 West 43rd St
New York, NY 10036
Phone: (212) 333-5445
Offering free or affordable therapeutic community drug treatment services to New Yorkers in need. Year long programs of residency use a peer socialization model to help transform bad habits into pro-social ways. Training, education and therapy also offered.

MIDTOWN EAST

Alcoholics Anonymous Meeting - Grand Central

Soldiers, Sailors, Marines & Airmen's Club
283 Lexington Ave., 2nd Floor
New York, NY 10016
Monday - Friday 5:30pm

Narcotics Anonymous Meeting - Friends House

130 East 25th St
New York, NY 10010
Wednesday at 6pm, Sundays at 7:15pm

Freedom Institute

515 Madison Ave
New York, NY 10022
Phone: (212) 838-0044
Freedom Institute, located in New York City, provides a comprehensive recovery program to individuals and families suffering from the effects of chemical addiction.

LOWER WEST SIDE

Alcoholics Anonymous Meeting

McBurney YMCA
125 West 14th St., Ground Floor
New York, NY 10011

Tuesday and Thursday at Noon
Narcotics Anonymous Meeting - Housing Works
320 West 13th St
New York, NY 10014
Monday 6:30pm and Thursday 8pm

LOWER EAST SIDE

Alcoholics Anonymous
220 West Houston St., 2nd Floor
New York, NY 10014
Daily at 12:30pm, 5:15pm, 6:30pm, 8pm, 10pm
and Midnight.

Narcotics Anonymous Meeting
Cardinal Spellman Center
137 East 2nd St
New York, NY 10009
Tuesday at 7:30pm

FINANCIAL DISTRICT

Alcoholics Anonymous Meeting
St. Andrew's Church
20 Cardinal Hayes Place
New York, NY 10007
Monday, Wednesday, Thursday, Friday at 12:15pm

Narcotics Anonymous Meeting
49 Fulton St., Room 1
New York, NY 10038
Friday at 5:30pm

DOMESTIC ABUSE

The National Domestic Violence Hotline
Phone: (800)-799- 7233

Sanctuary For Families
PO BOX 1406 Wall St. Station
New York, NY 10268
Phone: (212) 349 6009 Extension 221
Sanctuary runs several small shelters in the outer boroughs of New York City for domestic violence survivors and their children who no longer have a safe place to stay free from violence. Housing up to 43 women and children in 14 apartments each night. Locations are confidential but information can be found at the telephone number above.

Safe Horizon
Phone: (800) 621-HOPE
Safe Horizon is the largest victims' services agency in the United States, with 57 locations serving more than 250,000 children, adults, and families affected by crime and abuse throughout New York City each year.

New York City Anti-Violence Project
Phone: 212-714-1141
The New York City Anti-Violence Project is dedicated to eliminating hate violence, sexual assault, stalking, and domestic violence in lesbian, gay, bisexual, transgender, queer, and HIV-affected communities through counseling, advocacy, organizing, and public education.

UPPER WEST SIDE

North Manhattan Family & Community Services
542 West 153rd St
New York, NY 10031
Phone: (212) 772-0292
Services: Crisis Counseling, Domestic Violence, Chemical Dependency Services, Foster Care, FRP, Long Term Counseling, Preventive Services, and Referrals.

UPPER EAST SIDE

New York City Center for Children

333 East 70th St
New York, NY 10021
Phone: (212) 517-3012

The New York Center for Children is a child-friendly free clinic providing assessment and therapy services to victims of child abuse. Each child receives a thorough physical examination from a medical expert, and sensitive interview and crisis counseling from specially trained social workers and psychologists.

MIDTOWN WEST

Family Crisis Center

590 Avenue of the Americas
New York, NY 10011
Phone: (212) 886-4000

Services: Crisis Counseling, Domestic Violence, Chemical Dependency Services, Foster Care, FRP, Long Term Counseling, Preventive Services, and Referrals.

LOWER WEST SIDE

Harnick and Harnick

305 Broadway, Suite 602
New York, NY 10007

A law firm specializing in Child Abuse cases such as negligence, school abuse and foster care abuse. Fees on a sliding scale.

LOWER EAST SIDE

Helen's House

309 Henry St
New York, NY 10002
Phone: (212) 254-0499

Helen's House is a transitional housing program providing on-site social services for 16 single parents and their pre-school children. Services: Housing, Shelter, Protection, Counseling, Legal Aid, and Referral Services.

FINANCIAL DISTRICT

HELP Central

5 Hanover Sq., 17th Floor
New York, NY 10004
Phone: (212) 400-7000

HELP USA has developed a service-enriched residential program and several customized initiatives to specifically address the needs of survivors of domestic violence and their families. Through the staffing of its residential and non-residential programs, HELP USA assists clients with their immediate needs - safety planning, secure temporary housing, counseling services, case management, child care, housing and employment support, and post-discharge case management.

VOLUNTEER OPPORTUNITIES

New York Cares

214 West 29th St., 5th Floor
New York, NY 10001
Phone: (212) 228-5000

New York Cares is now the city's largest volunteer organization, running volunteer programs for 1,200 nonprofits, city agencies and public schools. Today's volunteers share the founders' vision that we all have a role to play in making our city a better place. More than 53,000 people volunteer with us year after year because they know they make a real difference.

Housing Works

57 Willoughby St., 2nd Floor
Brooklyn, NY 11201
Phone: (347) 473-7400

(Main office is located in Brooklyn however, there are a variety of volunteer opportunities in Manhattan.) Housing Works is a healing community of people living with and affected by HIV/AIDS. Our mission is to end the dual crises of homelessness and AIDS through relentless advocacy, the provision of lifesaving services, and entrepreneurial

businesses that sustain our efforts.

Food Bank of New York City

39 Broadway

New York, NY 10006

Phone: (212) 566-7855

Food Bank For New York City recognizes 27 years as the city's major hunger-relief organization working to end food poverty throughout the five boroughs. As one of the country's largest food banks, our mission is to end hunger in New York City by organizing food, information and support for community survival and dignity.

UPPER WEST SIDE

Community Kitchen West Harlem

252 West 116th St

New York, NY 10026

Phone: (212) 665-9082

The Community Kitchen runs three programs in the summer months - a dinner meal service (Monday, Wednesday and Friday), the CSA on Thursdays from 2-7pm as well as a food pantry three times per week (Tuesday, Wednesday and Thursday). They accept volunteers year-round for either the Kitchen, helping to prepare and serve meals, or the Food Pantry, helping to stock shelves and assist customers. Training only involves a brief ½ hour tour/orientation and overview of the facilities. Hours of operation of the Community Kitchen are 10am-6pm Monday through Friday, and volunteer slots are anywhere from 3-4 hours, preferably on a weekly basis. We generally ask for a minimum 6-week commitment.

Basketball at P.S. 208 Alaine L Locke

21 West 111th St

New York, NY 10026

Phone: (212) 534-9580

Join the 4th and 5th graders of PS 208 M for a morning basketball workshop. Students will learn the value of team work through offensive drills, defensive drills and scrimmages. Volunteers with basketball proficiency preferred.

UPPER EAST SIDE

Harlem Children's Society

536 East 82nd St., Suite 5F

New York, NY 10028

Phone: (646) 643-8563

Harlem Children Society is dedicated to promoting and evolving an innovative, extremely high-end, one-on-one, hands-on scientific research programs in bio/medicine, engineering, technology & allied fields. This highly sought-after program pairs leading scientists, engineers and doctors in reputed institutions and universities with children and youth from families living in under-resourced and under-served communities.

Association to Benefit Children

419 East 86th St

New York, NY 10028

Phone: (212) 845-3823

Dedicated to bringing joy and warmth to disadvantaged children and their families through compassionate, sustainable, comprehensive and integrated services, designed to permanently break the cycles of abuse, neglect, sickness and homelessness. ABC's humane and innovative programs today include early childhood education for infants, toddlers and preschoolers, educational advocacy, housing assistance, mental health services, family support and preservation, crisis intervention, therapeutic out-of-school and summer day camp programs, youth leadership development and mentoring.

MIDTOWN WEST

City Harvest

575 Eight Ave., Fourth Floor
New York, NY 10018
Phone: (917) 351-8700

City Harvest will collect 28 million pounds of excess food from all segments of the food industry, including restaurants, grocers, corporate cafeterias, manufacturers, and farms. This food is then delivered free of charge to food programs. New York City using a fleet of trucks and bikes as well as volunteers on foot. Each week, City Harvest helps over 300,000 hungry New Yorkers find their next meal. City Harvest also addresses hunger's underlying causes by supporting affordable access to nutritious food in low-income communities, educating individuals, families, and communities in the prevention of diet-related diseases, channeling a greater amount of local farm food into high-need areas, and enhancing the ability of our agency partners to feed hungry men, women, and children.

New York Red Cross

520 West 49th St
New York, NY 10019
Phone: (877) 733-2767

The American Red Cross in Greater New York is a nonprofit humanitarian organization, led by volunteers, that provides relief to individuals affected by disasters, and helps people prevent, prepare for, and respond to emergencies. It accomplishes this mission through services that are consistent with its Congressional Charter and the Fundamental Principles of the International Red Cross movement.

MIDTOWN EAST

Big Brother Big Sister of NYC

223 East 30th St
New York, NY 10016
Phone: (212) 686-2042

The mission of Big Brothers Big Sisters of New

York City is to provide mentors to all children who need caring adult role models--special friends who can help expand their horizons, realize their potential and enrich their futures--changing their lives. We seek to train community organizations in every neighborhood, empowering them to establish their own mentoring programs.

The Fresh Air Fund

633 Third Ave., 14th Floor
New York, NY 10017
Phone: 1-800-367-0003

Since 1877, The Fresh Air Fund, a not-for-profit agency, has provided free summer experiences in the country to more than 1.7 million New York City children from disadvantaged communities. Each year, thousands of children visit volunteer host families in 13 states and Canada through the Friendly Town Program or attend one of five Fresh Air Fund camps.

LOWER WEST SIDE

Art Explorers at Hudson Guild

459 West 26th St
New York, NY 10001
Tel (212) 760-9830

Work with first graders from Hudson Guild, a community center in Chelsea, as they create their own art projects while learning about themselves and the world around them.

Bedtime Stories at Chelsea Recreation Center

430 West 25th St
New York, NY 10001
Phone: (212) 255-3705

Work with children, ages 8 to 11, at the Chelsea Recreation Center to build their literacy skills through reading and writing activities and computer-based educational programs. Also offers computer tutorial volunteer opportunities.

BROOKLYN

RESOURCES

Brooklyn Educational Resources

BROOKLYN

The Office of Adult and Continuing Education

Phone: (718) 638-2635

www.schools.nyc.gov

Offers classes in Adult Basic Education, High School Equivalency (GED), English for Speakers of Other Languages (ESOL) and Career and Technical Education (CTE). Classes are offered at several locations throughout Brooklyn.

DOWNTOWN

Brooklyn Educational Opportunity Center

111 Livingston St.

Brooklyn, NY 11201

Phone: (718) 246-2085

www.bkl.eoc.suny.edu

Offers free programs of study ranging from comprehensive, accelerated, or academic, providing training and preparation to enter the workforce and/or college.

NEBHCO Human Resources Center

45 Lafayette Ave.

Brooklyn, NY 11221

Phone: (718) 384-3476

www.nebhdc.org

Addresses the needs of the whole individual, helping with childcare, substance and alcohol abuse, and housing needs. Also maintains a job readiness program, a food pantry, and a GED program.

GOWANUS & RED HOOK

Fifth Avenue Committee - Adult Education

294 Smith St.

Brooklyn, NY 11231

Phone: (718) 624-3475

www.fifthave.org

English As a Second Language (ESL), Adult Basic Education, GED and Basic Computer Skills.

Diaspora Community Service

182 Fourth Ave.

Brooklyn, NY 11217

Phone: (718) 399-0200

www.diasporacs.org

Offer programs for women, including the Women's Empowerment Program in which 15 immigrant women participate in intensive English speaking and writing skills, receive informative monthly workshops on a variety of topics and are linked to Diaspora staff to assist them with any services (food stamps, housing, health insurance, etc.) they may need.

PROSPECT PARK

Imani House, Inc.

76A 5th Ave.

Brooklyn, NY 11217

Phone: (718) 638-2059

www.imanihouse.org

Offers adult education, elementary and high school after school youth development programs, employment assistance and job development, a food pantry and information and referrals. All programs are offered to the community free of charge.

Brooklyn Public Library: ESOL Classes

10 Grand Army Plaza

Brooklyn, NY 11238

Phone: (718) 230-2100

www.brooklynpubliclibrary.org

The library provides free English classes for new Americans and others whose first language is not English. ESOL: English for Speakers of Other Languages classes are taught by experienced teachers. The library also offers English conversation groups led by specially trained volunteers. ESOL classes and English conversation groups are held at Central Library and at more than 20 libraries throughout the BPL system.

WILLIAMSBURG

The Maura Clarke-ITA Ford Center

139 Menahan St., 3rd Floor

Brooklyn, NY 11221

Phone: (718) 452-0167

www.mauraclarke-itafordcenter.org

Works to equip women with the skills they need to live and work in their new homeland, through education, economic development, and community change. Services: ESL, GED and ABE Classes.

BEDFORD STUYVESANT & FLATBUSH

East New York Learning Center

1958 Fulton St.

New York, NY 11233

www.nylearningcenter.org

The Adult Basic Education program will enable students to learn reading, writing, and math skills. Upon completion, students are referred to the GED program, vocational training, and /or employment opportunities.

Brooklyn Adult Learning Center

475 Nostrand Ave., Room 105

Brooklyn, NY 11216

Phone: (718) 638-2635

Offers a broad range of adult education programs including GED preparation and ESOL classes.

Brooklyn Job Corporation

585 Dekalb Ave.

Brooklyn, NY 11205

Phone: (718) 623-4079

www.brooklyn.jobcorps.gov

Provides academic training, including basic reading and math. Courses in independent living, employability skills, and social skills are offered in order to help students transition into the workplace.

GREENWOOD & NEW UTRECHT

Carroll Gardens Neighborhood Women

294 Smith St.

Brooklyn, NY 11231

Phone: (718) 624-3475

Offers adult education classes and support services to local women residents.

Mixteca Organization, Inc.

245 23rd St., 2nd Floor

Brooklyn, NY 11215

Phone: (718) 965-4795

www.mixteca.org

Offers health and educational programs including ESOL, computer skills, adult literacy, after school tutoring, and Mexican history classes.

CONEY ISLAND & BRIGHTON BEACH

Kings Bay Y Community Center

3495 Nostrand Ave.

Brooklyn, NY 11229

Phone: (718) 648-7703 Ext. 225

www.kingsbayy.org

Provides immigrants with free English and citizenship preparation classes, job placements, legal consultations, and financial assistance.

Shorefront Y

3300 Coney Island Ave.

Brooklyn, NY 11235

Phone: (718) 646-1444

www.shorefronty.org

Programs empower immigrants to improve English literacy skills, basic computer skills and to prepare for employment, new careers and US citizenship.

EAST BROOKLYN

East Brooklyn Access GED

6565 Flatlands Ave.

Brooklyn, NY 11236

Phone: (718) 968-4118

www.goingforme.org

The Learning to Work program: a part-time program that combines academic instruction by the Department of Education with job readiness, career, and college exploration activities, paid internships, and support provided by a community organization.

Brooklyn Practical Resources

TRANSPORTATION

Metropolitan Transit Authority

130 Livingston St.
Brooklyn, NY 11201
Phone: (877) 337-2017
www.mta.info

NYC subway, Bus and Ferry operator with complete schedules, fares, maps, service status reports and trip planners. Metro-North Service to upstate New York, New Jersey and Connecticut. Long Island Railroad to far Brooklyn, Queens and Long Island. The MTA offers reduced fares on its subways, buses, and commuter railroads to customers with disabilities, in addition to an Access-A-Ride program which provides transportation for people with disabilities who are unable to use public bus or subway service for some or all of their trips. It offers a shared ride, door-to-door paratransit service, and is one of several services made available to those with disabilities.

Access-A-Ride

Phone: (877) 337-2017
MTA New York City Transit operates Access-A-Ride, the City's paratransit system. Access-A-Ride provides shared ride, door-to-door transportation for people with disabilities. Service is available 24 hours a day, seven days a week, including holidays. Fares are equivalent to MTA subway fares.

NYC Taxi & Limousine Commission

40 Rector St
New York, NY 10006
Phone: (212) 639-9675
Governs taxi regulations. Passengers can file complaints, compliments and report lost property, as well as view information about licensed services, rates of fare, and their rights.

511NY

Phone: (888) 465-1169
www.511ny.org
New York State's official traffic and travel info source. Call or visit their website for information regarding ride sharing, transit conditions, and traffic conditions, among other services.

CommuterLink

Phone: (866) 692-6668
www.commuterlink.com
Provides free ride-matching services, mass transit itineraries, and a guaranteed ride home program for the City's Metropolitan area commuters

Group Ride Vehicle Pilot Program

40 Rector St.
New York, NY 10006
Phone: (718) 676-0504
A new type of transportation service being provided in neighborhoods where transportation options are limited. The group vehicles will travel within a service area that is similar, in some instances, to the area that may have been served by a bus eliminated by the MTA. Passengers can be dropped off anywhere within the service area as long as the driver agrees to it. The fare will be \$2 per ride.

Bike & Roll

1 Main St.
Brooklyn, NY 11201
Phone: (212) 260-0400
www.bikeandroll.com
Offers a fun way to explore the city, see sites, and get around town in a fun, healthy, and green way. Bike and Roll provides recreation bikes, transportation bikes, professional road bikes and kids equipment. Bikes can be returned at multiple locations throughout Brooklyn and Manhattan.

The Heart of Brooklyn Connection

789 Washington Ave.

Brooklyn, NY 11238

Phone: (718) 638-7700

www.heartofbrooklyn.org

Offers a free hop-on, hop-off shuttle bus on the first Saturday of each month. The shuttle runs between The Brooklyn Museum and places to eat, drink and shop, to support local merchants in surrounding neighborhoods. At each stop, tour guides can suggest local restaurants, shops and bars and provide maps, discounts and tips.

Safety City Bicycles

760 Broadway, Main Floor

Brooklyn, NY, 11236

Phone: (718) 963-6858

www.safestreetsfund.org

Offers free bicycle helmet fittings and a “Safe City Rap” video available for use by groups working with hearing-impaired children and adults, among other services.

CHILD CARE & YOUTH SERVICES

New York City Administration

Child Care and Head Start

66 John St, 4th floor

New York, New York 10038

Phone: (212) 361-6279

Head Start is a national program that helps children and families access high quality, free education and health services in their own communities. Head Start has over 250 locations in New York City offering child care, education and health services. Additional Services: Adult Education, GED Programs, English Language Classes, Job Training and Housing Assistance.

Out Of School Time Program

Phone: (800) 246-4646

The largest after-school initiative in the nation.

These free programs offer a balanced mix of academic support, sports, recreational activities, and cultural experiences for elementary, middle school, and high school youth. The programs operate on most school holidays in order to meet the needs of working parents. There are over 500 programs in the 5 boroughs, contact for nearest location.

NYC Beacon Program

Phone: (212) 788-6754

Beacons are school-based community centers serving children, youth, and adults. There are currently 80 Beacons located throughout New York City, Beacons provide a range of activities for young people including tutoring, college prep, photography, basketball, and martial arts. Services for adults and families include General Education Diploma (GED) training, English for Speakers of Other Languages (ESOL) programs, parenting skills workshops, and tenant education and advocacy.

Girl Scouts of New York

43 West 23rd St.

New York, NY 10010

Phone: (212) 645-4000

www.girlscoutsnyc.org

New York City’s largest girls-only youth and leadership development program where girls learn to lead with courage, confidence and character to make their communities and the world a better place.

Learn to Swim Program

1555 Linden Blvd.

Brooklyn, NY 11212

Phone: (718) 760-6969

www.nycgovparks.org

A free program and offering after-school and Saturday classes for tots ages 3-5, children aged 6-14, and adults of all ages. Classes offered at three locations throughout Brooklyn.

YWCA Elementary After School Program

50 Broadway, 13th Floor

New York, NY 10004

Phone: (212) 735-9708

www.ywcanyc.org/elementary

These free programs offer a mix of academic support, sports, recreational activities, and cultural experiences for students in kindergarten through fifth grade at five New York City public schools. In order to meet the needs of working parents, the programs are open every day after school from 3 p.m. to 6 p.m. and during summer vacations and school holidays from 8 a.m. to 6 p.m.

Lutheran Family Health Centers

6025 6th Ave.

Brooklyn, NY 11220

Phone: (718) 630-7171

www.lmcmc.com

Sponsors full-day, year-round early childhood centers for children, ages 6 months to 12 years. The centers are licensed by the Department of Health and funded by the Administration for Children's Services and the Department of Education.

DOWNTOWN

Warren Street Center for Children and Families

343 Warren St.

Brooklyn, NY 11201

Phone: (718) 237-9578

A Lutheran Family Health Center, offers a full range of services for children 6 months to 12 years.

The Child Study Center of New York

167 Clermont Ave.

Brooklyn, NY 11205

Phone: 718-854-3710

www.childstudycenterofnewyork.org

Offers pre-school programming for children with special needs, as well as the free Universal Pre-K program, which works to establish an early education foundation providing high quality, developmentally appropriated programs designed to meet the social, cognitive, linguistic, emotional, cultural and

physical needs of children.

Child Development Support Corporation

352-358 Classon Ave., 2nd Floor

Brooklyn, NY 11238

Phone: (718) 398-6738

www.cdscnyc.org

A self-help group headed by parents to provide child care for families in the Fort Greene and Bedford-Stuyvesant sections of Brooklyn. Offers a Child Care Resource & Referral program, a Head Start program, a Training Institute, and an Emergency Food Pantry and Food Stamp Program.

GOWANUS & RED HOOK

Families First Brooklyn

250 Baltic St.

Brooklyn, NY 11201

Phone: (718) 237-1862

www.familiesfirstbrooklyn.org

Offers affordable classes for babies, toddlers, and school age children in the following areas: music & creative movement, pre-play groups, science, cooking, tumbling, art, Spanish & French language, adult-baby play, and adult-baby exercise. Also provides workshops for parents and caregivers, support groups, and special events.

Dodge YMCA

225 Atlantic Ave.

Brooklyn, NY 11201

Phone: (718) 625-3136

Offers a full range of youth, teen, adult, and community programming.

PROSPECT PARK

Prospect Park YMCA

357 Ninth St.

Brooklyn, NY 11216

Phone: (718) 768-7100

Offers a full range of youth, teen, adult, and community programming.

St. John's Park

1251 Prospect Pl.

Brooklyn, NY 11213

Phone: (718) 771-2787

www.nycgovparks.org/parks/B245

Offers the Learn to Swim Program, as well as other government-sponsored programs and facilities.

WILLIAMSBURG**Greenpoint YMCA**

99 Meserole Ave.

Brooklyn, NY 11222

Phone: (718) 389-3700

Offers a full range of youth, teen, adult, and community programming. The facility also includes a free-weight room, gymnasium, swimming pool, locker rooms, saunas and multi-purpose space. Child Watch is available to help parents get in their work-out time.

Nuestros Ninos Family Day Care

384 S. 4th St.

Brooklyn, New York 11211

Phone: (718) 963-1555

A childcare network that will make referrals to childcare providers for those in need.

Magical Years Early Childhood Center

230 60th St.

Brooklyn, NY 11220

Phone: (718) 439-0450

Offers a supportive, stimulating and enriching environment on behalf of Lutheran Family Health Centers. Serves children 6 months to 3 years.

Metropolitan Recreation Center

261 Bedford Ave.

Brooklyn, NY 11211

Phone: (718) 599-5707

www.nycgovparks.org/parks/B085

Offers the Learn to Swim Program, as well as other government-sponsored programs and facilities.

BEDFORD-STUYVESANT & FLATBUSH**Bedford-Stuyvesant YMCA**

1121 Bedford Ave.

Brooklyn, NY 11216

Phone: (718) 789-1497

<http://ymcanyc.org>

Offers a full range of youth, teen, adult, and community programming.

Flatbush YMCA

1401 Flatbush Ave.

Brooklyn, NY 11210

Phone: (718) 469-8100

Offers a full range of youth, teen, adult, and community programming.

YMCA Sports Complex

Park Slope Armory

361 15th St.

Brooklyn, NY 11215

Phone: (212) 912-2580

Offers a full range of youth, teen, adult, and community programming.

Brownsville Recreation Center

1555 Linden Blvd.

Brooklyn, NY 11212

Phone: (718) 485-4633

<http://www.nycgovparks.org/parks/B270>

Offers the Learn to Swim Program, as well as other government-sponsored programs and facilities.

Greenwood & New Utrecht**St. Andrew's Community Day Care**

4917 4th Ave.

Brooklyn, NY 11220

Phone: (718) 492-9678

An outreach of Lutheran Family Health Center, teachers and caregivers work in partnership with families and community collaborators to support children to reach their social, emotional and aca-

demic potential. Serves children 3 years to 5 years.

CONEY ISLAND & BRIGHTON BEACH

Roberta Bright Early Learning Center

3001 West 37th St., 3rd Floor

Brooklyn, NY 11224

Phone: (718) 266-5333

The center is a nurturing learning environment that focuses on the social, emotional, physical and academic development of a child. By providing mothers access to educationally-based child care, the center offers valuable opportunities for women to continue their education. All services are free.

Surfside Gardens Community Center

2947 W. 28th St

Brooklyn, NY 11224

Phone: (718) 449-2897

Offers a variety of youth programming to community members, regardless of ability to pay.

Coney Island YMCA

2980 West 29th St

Coney Island, NY 11224

Offers a full range of youth, teen, adult, and community programming.

Coney Island Child Care Center

2757 West 33rd St

Brooklyn, NY 11244

Phone: (718) 946-8759

Provides quality services to young children and their families who are treated as partners in the early care and education process. Caring and competent staff and providers guide the children's learning by exposing them to a variety of both child- and adult-initiated, developmentally appropriate activities that promote their cognitive, social, emotional and physical development. When the children leave to pursue higher levels of learning, they possess a solid foundation for continuous learning as a result of being well prepared by our programs. They are willing and "ready to learn" more to achieve lifetime success. Services: Head Start Center, Child Care Center and Family Day

Care Providers. Providing child services age range infant-5 years old.

EAST BROOKLYN

P.S. 327, Dr. Rose B. English School

111 Bristol St.

Brooklyn, NY 11212

Phone: (718) 495-7801

Offers the YWCA After School program, which provides fun, academically enriching, and evidence-based activities that are responsive to community needs.

YW-UFT Extended Day Program

300 Wyona St., Room 437B

Brooklyn, NY 11207

Phone: (718) 240-9051

Offers the YWCA After School Program in addition to an Extended Day Program for parents who work late.

North Brooklyn YMCA

570 Jamaica Ave.

Brooklyn, NY 11208

Phone: (718) 277-1600

Offers a full range of youth, teen, adult, and community programming.

Brownsville Youth Association

1784 Pitkin Ave.

Brooklyn, NY 11212

Phone: (347)-715-4405

www.bvilleyouthassociation.org/bya

Offers extensive youth programming, including the After School Knowledge program, Cyber Seniors Collaborative, Infant Mortality Reduction Initiative, health workshops, the Second Wind program, among others.

Hebrew Educational Society

9502 Seaview Ave

Brooklyn, NY 11236

Phone: (718) 241-3000

www.thehes.org

Offers social services, childcare and recreational

activities to all residents of Brooklyn, including a senior center, senior nutrition site, childcare, after-school care, literacy center, youth and adult programs.

EMPLOYMENT SERVICES

New York City Job Centers

Information Phone line: (877) 472-8411

There are 29 job centers throughout the five boroughs. All Job Centers offer temporary financial assistance, food stamps and Medicaid to eligible individuals. While in receipt of financial assistance, eligible adults are required to participate in an employment services or rehabilitative activity designed to help them achieve their highest level of self-sufficiency. While participating, individuals are provided with child care and transportation support. All job centers offer the following programs free of charge.

The Work Experience Program

Provides a simulated work experience to individuals receiving cash assistance. Through this program, an employable individual is assigned to work for his/her cash assistance and food stamp benefits at NYC government agencies or private agencies throughout the City.

Individual Training Grants

Individual Training Grant (ITG) vouchers provide funding for occupational skills training that leads to employment in New York City growth occupations through Workforce 1 Career Centers. ITGs are intended to help job seekers who need training to find a job, advance in their careers or change to an occupation with higher wages and/or more opportunities for advancement.

Opportunities for a Better Tomorrow

www.obtjobs.org

Works to help disadvantaged youth and adults recognize their own self-worth, and advance towards self-sufficiency and financial security through job training, academic reinforcement, improved life

skills, job placement, and support services.

New York City Housing Authority: Resident Employment Services

Phone: (718) 289-8100

Residents of NYCHA can find employment assistance through a variety of different programs. Services: Referrals for employment, training, GED and ESL classes, apprenticeships, resume workshops, job interview and job search techniques, Employment in construction as part of the economic stimulus plan, Green City Force Training. Contact for specific details that are right for you.

Begin Employment, Gain Independence Now

Phone: (347) 436-1800

Begin is a welfare-to-work program specializing in basic skills and literacy instruction for participants with low basic skills and limited English proficiency. There are a variety of divisions to this initiative in order to best serve participants.

BEGIN Work Study: This is an intensive full-time work-study program that provides classroom instruction, supplemented by three days of work experience in a variety of clerical, human services or maintenance positions.

BEGIN Language Work Study: BEGIN Language Work Study Programs prepares limited English speaking adults for the workplace with a full range of integrated skills enhancement and support services including English language classes and work experience.

BEGIN Internship: The BEGIN Internship is a job readiness and employment program for individuals who attained their High School Diploma or GED.

BEGIN Vocational Work Study: This is an integrated program in which participants learn a specific, marketable skill in a classroom setting two days and work site three days per week.

BEGIN Employment Plus: Provides evening and weekend educational support, job retention support, counseling and case management for low-income working adults.

DOWNTOWN

Fort Green SNAP

322 Myrtle Ave
Brooklyn, NY 11205
Phone: (718) 694-6957

Works to serve those left out of the economic mainstream because of their lack of computer/technical and/or literacy skills. Through an open access center, they offer formal and self paced technology programs, job training/placement, Grandparent Caregivers support groups, community organizing and financial literacy projects.

The Hope Program

1 Smith St.
Brooklyn, NY 11201
Phone: (718) 852-9307

www.thehopeprogram.org
Offers an in-depth training program for those in need, providing instruction for completing paper and online job applications, writing cover letters, creating resumes, conducting successful job searches, preparing for interviews, gaining excellent customer service skills, using office equipment, using email, typing, and learning Microsoft Word and Excel, and banking and saving. Also offers GED classes.

NPower

3 Metrotech Center, Mezzanine
Brooklyn, NY 11201
Phone: (212) 564-7010
www.npower.org

Through The Technology Service Corp. Program, prepares underserved young adults (age 18-25) to become IT professionals in the nonprofit, public, and business sectors. TSC's intensive, 22-week training curriculum covers topics ranging from PC configuration to networking, troubleshooting, customer service and communications. In addition, through numerous professional development workshops, internships and one-on-one guidance and support, TSC students learn and practice everything else it takes to succeed in a professional work environment.

GOWANUS & RED HOOK

Red Hook Initiative

767 Hicks St
Brooklyn, NY 11231
Phone: (718) 858-6782
www.rhicenter.org

Offers various programs for teenagers, as well as basic employment training such as resume and cover letter preparation, identifying summer and college internships, learning and perfecting interview skills, navigating the on-line job application process, and learning how to network.

PROSPECT PARK

Brooklyn Workforce Innovations

621 Degraw St
Brooklyn, NY 11217
Phone: (718) 237-2017
www.bwiny.org

Brooklyn Workforce Innovations identifies sectors of the economy that offer good starting wages to skilled entry-level workers, and opportunities to advance over time. Offers a series of programs: Brooklyn Networks for careers in voice and data telecommunications cable installation, Brooklyn Woods for careers in skilled woodworking and green cabinetmaking, The "Made in NY" PA Training Program for careers in TV and film production, New York Drives for entry on a career path while earning a NYS driver's license, Red Hook on the Road for careers in commercial driving, Building Works A pre-apprenticeship training program for the building trades, Neighborhood Employment Services Free computer classes, resume assistance, job placement, and referrals to training. Additional services include: Single Stop Benefits screening, on-site application and advocacy; and free legal, financial and tax preparation services.

WILLIAMSBURG

Bushwick Workforce Resource Center

280 Wyckoff Ave
Brooklyn, NY 11237
Phone: (718) 381-3222

Works with Opportunities for a Better Tomorrow to facilitate greater access to education, job training, and employment services for the people of Bushwick, and to develop community partnerships that can provide additional support to local residents.

North Brooklyn Development Corporation

148 Huron St
Brooklyn, NY 11222
Phone: (718) 389-9044
www.northbrooklyn.org

Offers an after-school program that works to improve the educational performance of students, to teach students how to behave in different settings (classroom, cafeteria, gymnasium, hallways, in public and on field trips), to teach students how to respect adults and fellow classmates, and to encourage students to enjoy and appreciate school. Other services include affordable housing options, tenant counseling, and employment services.

The Workforce Development Center

790 Broadway
Brooklyn, NY 11206
Phone: (718) 388 5454
www.stnicksnpc.org

Helps those with work experience to obtain high-demand skills and secure high-wage jobs, provide neighborhood residents the opportunity to yield a career through evening career advancement programs and help long-term public assistance recipients or those that have never been employed land their first job. They focus on four core areas: first job, skills training, career path and wealth building, and offer two supplementary support program services: The Fatherhood Program and the Family Self Sufficiency (FSS) Program.

BEDFORD-STUYVESANT & FLATBUSH

Bedford-Stuyvesant Restoration

1368 Fulton St
Brooklyn, NY 11216
Phone: (718) 636-6916
www.restorationplaza.org

Partners with residents and business to improve the quality of life of Central Brooklyn by fostering economic self sufficiency, enhancing family stability and growth, promoting the arts and culture and transforming the neighborhood into a safe, vibrant place to live, work and visit. Offers one-on-one assessments, career coaching, group trainings, and lectures, designed to help both general job-seekers and special needs populations find employment.

Opportunities for a Better Tomorrow - Bedford-Stuyvesant Branch

25 Thornton St
Brooklyn, NY 11206
Phone: (718) 387-1600

Offers a full range of adult education and job readiness services.

Unity in the Community Sports Foundation

441 Marcus Garvey Blvd
Brooklyn, NY 11216
Phone: (718) 452-1207

Provides job training and job placement services for those in need, free of cost.

GREEN WOOD AND NEW UTRECHT

Opportunities for a Better Tomorrow - Sunset Park Branch

783 Fourth Ave.
Brooklyn, NY 11232
Phone: (718) 369-0303

Offers a full range of adult education and job readiness services.

CONEY ISLAND & BRIGHTON BEACH

Bensonhurst Cojo

8635 21st Ave., Suite 1B

Brooklyn, NY 11214

Phone: (718) 333-1834

Employment Services Phone: (718) 333-2010

www.bencojo.org

Provides assistance in obtaining a job for immigrants who've been in the United States less than 5 years. Services include: resume preparation, cultural adjustment, letter writing, interview preparation, and referrals to Dress for Success programs. Also offers ESL classes, a food pantry, and various social services.

Leader Family Employment Center:

1550 Coney Island Ave., 2nd Floor

Brooklyn, NY 11230

Employment Assistance: (718) 758-2117

www.cojoflatbush.org

Offers pre-employment skills and training, computer classes, and ESL and English literacy classes.

EAST BROOKLYN

Local Development Corporation of East New York

80 Jamaica Ave., 3rd Floor

Brooklyn, NY 11207

Phone: (718) 385-6700

www.ldcenyc.org

The Women's Brooklyn Enterprise Center (BEC) at the LDCENY offers a variety of services in English and in Spanish that support entrepreneurs. They also offer The Entrepreneurial Assistance Program. All BEC programs assist women and minorities to start and grow their businesses, and to better manage their money. Also provides business development training, personal finance courses, and various business workshops. Additional services include: Social and Support Services Referral System, Community Network, Multilingual Services, and Community Organization and Development.

MEDICAL & DENTAL SERVICES

NYC Department of Health and Mental Hygiene

125 Worth St

New York, NY 10013

Phone: (212) 639-9675

New York State's offers multiple free/low-cost public health insurance programs. New York State's comprehensive public health insurance programs include Child Health Plus, Family Health Plus, and Medicaid. These programs have varying eligibility requirements based on income, assets, immigration status, and other factors.

Mammogram Program

Phone: (718) 240-0577

Offers mammograms to eligible, uninsured women at little or no cost. All patients with an appointment will receive a clinical breast examination and consult with a provider. Services available at 15 locations throughout the five boroughs.

Nurse-Family Partnership

158 East 115th St., 2nd Fl.

New York, NY 10029

Phone: (646) 672-2855

This program provides maternal nurses to deliver the support first-time moms need to have a healthy pregnancy, become knowledgeable and responsible parents, and provide their babies with the best possible start in life. Program is available in all five boroughs with 8 different service locations. All services are free of charge.

Health and Home Care

160 Water Street, 9th Floor

New York, NY 10038

Phone: (646) 458-6100

Provides in home health care for patients with appropriate needs. Includes an initial home visit, develops an appropriate plan of care to meet the patients's needs and health concerns. Serves all five boroughs. Accepts medicaid.

Women's Healthline

280 Broadway

New York, NY 10007-1868

Phone: (212) 230-1111

The Bureau of Maternal, Infant and Reproductive Health (BMIRH) promotes sexual, reproductive, maternal, perinatal, and infant health; seeks to reduce disparities in access to care; and educates and empowers New Yorkers to make informed, responsible, and healthy choices in their sexual and reproductive lives. Serves all five boroughs, all services are free.

Grandparents Resource Referral Center

Phone: (212) 442-1094

The GRC provides a number of supportive services that include information and referral, recreational activities, educational workshops, advocacy, and case assistance to people who are raising grandchildren and other young relatives and need services to help them with this new role.

NY Quit Smoking Assistance

145 W 58th St., # 3F

New York, NY 10019

Phone: (866) NY-QUITS

The New York State Smokers' Quit Line may provide a 2-week starter kit of nicotine patches or other assistance for eligible smokers trying to stop smoking. The Quit Line also provides counseling, information on available services, information about using nicotine patches and referrals to local programs and clinics.

Women's Health Services

Administrative Office

2 Lafayette St., 18th fl

New York, NY 10007

Phone: (212) 442-1740

Women's Health Services provides comprehensive reproductive health services through a network of eight Centers and their back-up hospitals. Prenatal and family planning services are delivered by fully qualified physicians or midwives.

Community Healthcare Network

60 Madison Ave., 5th Fl

New York, NY 10010

Phone: (212) 545-2400

A not-for-profit organization that provides access to quality, culturally competent and comprehensive community-based primary care, mental health care and social services for diverse populations in underserved communities throughout New York City. Through a variety of services, they work to take care of individuals and families who might otherwise have little or no access to basic health care.

Arthur Ashe Institute for Urban Health

www.arthurasheinstitute.org

Connects people to the information, tools and resources they need to make informed health decisions, so that they can safeguard and improve the health of their families and neighborhoods by promoting wellness within their communities. Maintains two locations in Brooklyn, as well as holding various outreach programs throughout the borough.

The Brooklyn AIDS Task Force

Provides comprehensive HIV/AIDS related services to underserved racial /ethnic minority communities in the borough, including case management services such as housing placement assistance, treatment education and adherence services. Also offers education programs specifically targeted at the high risk populations of: adolescents, women, children, families, substance abusers and ex-offenders/incarcerated individuals. Also maintains a food pantry for those in need. Operates four locations throughout Brooklyn, see below.

Brooklyn Medicaid Offices

Phone: (877) 472-8411

www.cms.gov/home/medicaid.asp

You may be covered by Medicaid if you have high medical bills, you receive Supplemental Security Income (SSI), or you meet certain financial requirements.

DOWNTOWN

Brooklyn Plaza Medical Center

650 Fulton St

Brooklyn, NY 11217

Phone: (718) 596-9800

www.brooklynplaza.org

Works to provide high quality preventive comprehensive family health services with particular concern for lower-socio-economic groups. Also offers assistance with applications for the Prenatal Care Assistance Program (PCAP) and application for Child Health Insurance Plan (CHIP), free or low cost insurance for children fewer than 19 and Family Health Plus for adults 19-64 years of age.

Brooklyn AIDS Task Force - Chapel Street

25 Chapel St., Room 605

Brooklyn, NY 11201

Phone: (718) 596-3635

Offers a full range of services to those with, or at risk of contracting AIDS.

Arthur Ashe Institute for Urban Health - Downtown Office

483 Hudson Ave

Brooklyn, NY 11201

Phone: (718) 222-5953

Works to improve health knowledge, facilitate behavior change, and expand access to care among the most vulnerable populations in urban areas.

Planned Parenthood - Boro Hall Center

44 Court St., 6th Fl

Brooklyn, NY 11201

Phone: (212) 965-7000

www.plannedparenthood.org

Offers abortion services, birth control services, emergency contraception, HIV testing, LGBT services, men's health services, patient education, pregnancy testing, options and services, STD testing and treatment, and women's health services.

GOWANUS & RED HOOK

Red Hook Health Center

88 Visitation Pl

Brooklyn, NY 11231

Phone: (718) 694-6049

Provides primarily family planning services in addition to adult medicine, HIV testing and referral, emergency contraception, and STD testing and treatment. Also offers mental health services. Fees on a sliding scale.

PROSPECT PARK

Brooklyn AIDS Task Force - Bergen Street

502 Bergen St.

Brooklyn, NY 11217

Phone: (718) 622-2910

Offers a full range of services to those with, or at risk of contracting AIDS. Also provides a community food pantry.

SUNY Downstate Medical Center

470 Clarkson Ave., Box 1232

Brooklyn, NY 11203

Phone: (718) 270-3101

Works with the Arthur Ashe Institute for Urban Health to improve health knowledge, facilitate behavior change, and expand access to care among the most vulnerable populations in urban areas.

Boerum Hill Medicaid Office

35 4th Ave.

Brooklyn, NY 11217

Phone: (718) 623-7427

WILLIAMSBURG

Brooklyn AIDS Task Force - Williamsburg

260 Broadway, 4th Floor

Brooklyn, NY 11211

Phone: (718) 388-0028

Offers a full range of services to those with, or at risk of contracting AIDS.

CABS Health Center

94-98 Manhattan Ave
Brooklyn, NY 11206
Phone: (718) 388-0390
www.chnyc.org/locations

A member of the Community Healthcare Network. Provides prenatal and post-partum care, pediatrics and well-baby care, adolescent medicine, adult medicine, geriatric care, preventive medicine, family planning, immunizations, school physicals, dental care, HIV education, testing and treatment, mental health services, nutrition counseling, podiatry, reproductive health care, teens P.A.C.T., social services, and health education.

ODA Primary Care Health Center

14-16 Heyward St
Brooklyn, NY 11211
Phone: (718) 260-4600
www.odahealth.org

Multiple primary care medical and dental services in one location. Offers continuity of care and fees on a sliding scale.

BEDFORD-STUYVESANT & FLATBUSH**Brownsville Child Health Center**

259 Bristol St
Brooklyn, NY 11212
Phone: (718) 495-7283

Provides both primary and preventative health care to children and adolescents ages 1-18. Services include yearly physicals and check-ups as well as immunization, asthma treatment, urine analysis and most other basic health services. Medicaid is accepted and many of the community preventative services are free for low income families.

Brooklyn AIDS Task Force - Church Avenue

2222 Church Ave
Brooklyn, NY 11226
Phone: (718) 826-5669

Offers a full range of services to those with, or at risk of contracting AIDS.

Caribbean Women's Health Association

3512 Church Ave
Brooklyn, NY 11203
Phone: (718) 826-2942
www.cwha.org

Conducts programs that aim to improve the well being of individuals, to strengthen families and empower communities. These programs are uniquely designed to provide comprehensive, integrated, culturally appropriate and coordinated "one-stop" service. Programs include maternal and child health service, Medicaid counseling sessions, domestic violence assistance, HIV/AIDS testing and follow-up, and various teen services.

Caribbean House Health Center

1167 Nostrand Ave
Brooklyn, NY 11225
Phone: (718) 778-0198
www.chnyc.org/locations

A member of the Community Healthcare Network. Provides prenatal and post-partum care, pediatrics and well-baby care, adolescent medicine, adult medicine, geriatric care, preventive medicine, family planning, immunizations, school physicals, HIV education, testing and treatment, mental health services, nutrition counseling, reproductive health care, teens P.A.C.T., social services, and health education.

GREENWOOD & NEW UTRECHT**Maimonides Medical Center**

4802 10th Ave
Brooklyn, NY 11219
Phone: (718) 283-6000
Financial Assistance Program: (718) 283-7790
www.maimonidesmed.org

Offers a financial assistance program that assists uninsured patients who: have family incomes of up to three times the federal poverty level, meet a liquid asset test, do not qualify for publicly subsidized health insurance, and cannot afford to pay the cost of their medical care.

HealthCare Choices

6209 16th Ave.
Brooklyn, NY 11204
Phone: (718) 234-0073
www.iclinc.net

A branch of the Institute for Community Living, HCC diagnoses and treats general medical and psychiatric conditions with special expertise in providing services to individuals with mental illness or intellectual disabilities in an integrative manner. Also, onsite specialists are available in gynecology, neurology, psychology, podiatry, pulmonology, physical therapy, and dentistry. Medicaid, Medicare, and most commercial insurance plans are accepted. Fees are set on sliding scale based upon income for individuals without insurance.

Sunset Park Family Health

150 55th St.
Brooklyn, NY 11220
Phone: (718) 630-7095
24-hour Hotline: (718) 630-8215

Offers family-oriented comprehensive health and dental care, as well as a full range of specialty and support services including HIV counseling/testing.

CONEY ISLAND & BRIGHTON BEACH**COJO of Flatbush**

1546 Coney Island Ave.
Brooklyn, NY 11230
Phone: (718) 252-5897
www.cojoflatbush.org

Assists qualified New York State residents who wish to apply for free or low-cost health insurance for children and adults. Also offers free legal services, employment services, and youth programming.

Coney Island Medicaid Office

3050 W. 21st St.
Brooklyn, NY 11224
Phone: (718) 333-3000

Medicaid intake and referral services.

United Community Centers

613 New Lots Ave.
Brooklyn, NY 11207
Phone: (718) 649-7979
www.ucceny.org

Works to provide a continuum of programming that result in healthier families in East New York. They do this through HIV education and risk reduction, nutrition and fitness programs, and the East New York Farms! project. Also offers free assistance with immigration services, nutrition and health issues like asthma and HIV/AIDS.

Dr. Betty Shabazz Health Center

999 Blake Ave.
Brooklyn, NY 11208
Phone: (718) 277-8303
www.chnny.org

A member of the Community Healthcare Network. Provides prenatal and post-partum care, pediatrics and well-baby care, adolescent medicine, adult medicine, geriatric care, preventive medicine, family planning, immunizations, school physicals, HIV education, testing and treatment, mental health services, nutrition counseling, reproductive health.

Brownsville Multi-Service Family Health Center

592 Rockaway Ave.
Brooklyn, NY 11212
Phone: (718) 345-5000

A comprehensive health and wellness facility responsive to the health care needs of residents of Brownsville, Ocean Hill, and East New York. Addresses widespread health conditions, including: HIV/AIDS, diabetes, mental illness, substance abuse, oral health care, prenatal care, teenage pregnancy, homelessness, and domestic violence.

East New York Medicaid Office

2094 Pitkin Ave.
Brooklyn, NY 11207
Phone: (718) 922-8292

Medicaid intake and referral services.

EAST BROOKLYN

FOOD

Emergency FoodLine Phone: (866) 888-8777

Women, Infants Children (WIC) Program

Phone: (800) 522-5006

www.health.state.ny.us/prevention/nutrition/wic

The Special Supplemental Nutrition Program for Women, Infants and Children (WIC) offers nutrition education, breastfeeding support, referrals and a variety of nutritious foods to low-income pregnant, breastfeeding or postpartum women, infants and children up to age five.

Child and Adult Care Food Program

Phone: (800) 942-3858

www.health.state.ny.us/prevention/nutrition/cacfp/aboutcacfp.htm

The Child and Adult Care Food Program - CACFP is a nutrition education and meal reimbursement program helping providers serve nutritious and safely prepared meals and snacks to children and adults in day care settings.

The Coalition Against Hunger

Phone: (212) 825-0028 ext. 218

www.nyccah.org/free-food-assistance

The Coalition Against Hunger provides comprehensive guides or “Street Sheets” offering information on how and where to access the federal Food Stamp Program, WIC, school and summer meals, and various other free assistance resources for the following areas in Manhattan: Chelsea/West Side, Central Harlem, East Harlem/Manhattan East Side and the Lower East Side/East Village. These Street Sheets can be downloaded from their website.

School Meals

Phone: (718) 707-4400

School Meals is a Government program which provides free or reduced price in-school meals for students from eligible families or families receiving financial assistance. All meals are nutritious promoting health education and awareness.

Food Bank NYC

39 Broadway, 10th Floor

New York, NY 10006

Food Assistance: 212.566.7855

NYC 24-hour Hunger Hotline: (866) 692-3663

www.foodbanknyc.org

Offers a list and contact information for over 100 local soup kitchens and food pantries throughout Brooklyn.

Just Food

1155 6th Ave., 3rd Floor

New York, NY 10036

Phone: (212) 645-9880

www.justfood.org

Tackles deficiencies in food access and security by increasing the production, marketing and distribution of fresh food from community gardens and urban agriculture sites, on the one hand, and promoting Community Supported Agriculture (CSA) initiatives (food-buying clubs), on the other. The organization aims to turn “food deserts” (i.e., neighborhoods underserved by supermarkets and other food retailers) into “islands of sustainability.” Call or visit website for listing of local Brooklyn branches.

DOWNTOWN

Green Hill Food Co-op

18 Putnam Ave.

Brooklyn, NY 11238

Phone: (718) 208-4778

www.greenehillfoodcoop.com

A food co-operative based in the vicinity of Fort Greene, Clinton Hill, Bed-Stuy and Prospect Heights. Their mission is to provide fresh, nutritious food at affordable prices. They are a 100% working co-op – all members contribute several hours of work each month. In return, they build a strong sense of community, and enjoy prices which are significantly lower than for-profit grocery stores.

GOWANUS & RED HOOK

Calvary Baptist Church of Red Hook

773 Hicks St.

Brooklyn, NY 11231

Phone: (718) 596-5054

Runs a soup kitchen providing meals to those in need on Tuesdays and Thursdays.

Food First

165 Conover St.

Brooklyn, NY 11231

Phone: (718) 624-1950

Operates a food pantry that distributes goods to those in need each Wednesday.

PROSPECT PARK

Helping Hands Food Pantry

174 Prospect Park W.

Brooklyn, NY 11215

Phone: (718) 369-7973

www.parkslopechurch.com

Provides food to needy citizen on a regular basis.

Cuyler Warren U.M. Church

450 Warren St.

Brooklyn, NY 11217

Phone: (718) 624-3683

www.nyac.com/churches/detail/1847

Offers a food pantry, distributing goods to those in need every Tuesday afternoon.

WILLIAMSBURG

United Jewish Organizations of Williamsburg

32 Penn St.

Brooklyn, NY 11211

Phone: (718) 643-9700

www.unitedjewish.org

Maintains a free food pantry, provides food vouchers at local food centers, assists with enrollment to receive food stamps, provides nutritional consultations for individuals, and offers nutrition seminars for community groups, senior citizen centers and

schools. Also offers adult skills training, child services, crisis management, housing assistance, legal assistance, and other vital resources.

Act of Faith Ministries

141 Manhattan Ave.

Brooklyn, NY 11206

Phone: (718) 596-8950

Operates a food pantry for those in need. Distribution occurs each Thursday.

BEDFORD-STUYVESANT & FLATBUSH

Crown Heights Jewish Community Council

387 Kingston Ave.

Brooklyn, NY 11225

Phone: (718) 771-9000

www.chjcc.org

The Food Stamp Program provides food support to low-income New Yorkers including working families, the elderly and the disabled to increase their ability to purchase food. Also offers medical assistance, housing assistance, and a smoking cessation program.

Resident Connect Care

101 Jefferson Ave., #2C

Brooklyn, NY 11216

Phone: (347) 715-9502

www.residentcare.org

A progressive community based nutritious foods program that serves public housing residents of Brownsville. Works to improve the health of people experiencing chronic, debilitating, and life-threatening illness such as cancer, heart disease, obesity, and diabetes. Focuses on self-management as a preventive service tool, empowering people to maintain health and longevity through the use of plant-based meals and with guidance via consistent, professional evaluation.

Bed-Stuy Campaign Against Hunger

2004 Fulton St.

Brooklyn, NY 11233

Phone: (718) 773-3551

www.bedstuyagainsthunger.org

Provides emergency food and other social services including Food Stamp screenings, a community focused urban garden, and assistance with enrollment in publicly-supported health insurance.

GREENWOOD & NEW UTRECHT

Bay Ridge Food Co-op

128 Marine Ave., Suite 5E

Brooklyn, NY 11209

Phone: (347) 274-8172

www.foodcoopbayridge.com

Owned and operated by its members, the Bay Ridge Food Co-op will seek to provide quality, wholesome food at the lowest practical cost. It will create easy access to locally grown and organic foods, as well as a wider and more interesting range of delicious products than the options currently available in the neighborhood. At the same time, the Bay Ridge Food Co-op will also provide significant savings on your weekly shopping bill.

Reaching-Out Community Services

7708 New Utrecht Ave.

Brooklyn, NY 11214

Phone: (718) 373-4565

www.rcsprogram.org

Provides a food pantry and much needed social services to families who have no where else to turn. The organization also helps people with free blood pressure screening, free tax preparation, workshops and classes to improve existing skills or learn new ones, summer tutoring for children and help in understanding the many social programs available to them.

CONEY ISLAND & BRIGHTON BEACH

Bnai Raphael Chesed Organization

2917 Avenue K

Brooklyn, NY 11210

Phone: 718-951-6059

www.bnairaphaelchesed.org

Provides kosher food products and fresh pro-

duce free of charge to the community. By joining the Chesed organization, each family receives a membership card and is entitled to visit the food pantry once per week. In addition, they offer referrals for people who need furniture and appliances for adults and children. They also offer clothing for men, ladies and children, medical supplies, referrals and legal advice in certain fields.

Food Stamp Office - Coney Island

2865 W. 8th St., 1st Floor

Brooklyn, NY 11224

Phone: (718) 265-5621

Food stamp intake and referral services.

EAST BROOKLYN

Bishop Charles Center for Human Services

747-749 Hendrix St.

Brooklyn, NY 11207

Phone: (347) 853-4966

Operates a food pantry that distributes goods each Wednesday and every other Saturday to those in need.

Calvary Church - Outreach Services

1520-30 Herkimer St.

Brooklyn, NY 11207

Phone: (718) 498-3767

www.calvaryufwbc.org

Operates a soup kitchen and food pantry for those in need, distributing necessary items each Wednesday.

FINANCIAL ASSISTANCE

Temporary Assistance for Needy Families

180 Water St # 1

New York, NY 10038

Phone: (877) 472 8411

Eligible families may receive up to 60 months of federally funded cash assistance under the Temporary Aid to Needy Families Program (TANF). Single individuals without children may receive benefits under the New York State Safety Net Program. Also, families who have received cash assistance for 60 months may continue to receive benefits under the New York State Safety Net Program.

Emergency Assistance - “One Shot”

1825 Park Avenue, Suite 503

New York, NY 10035

Phone: (212) 480-2870

New York City residents may apply for a one-time emergency grant, also called a “One Shot”, when an unforeseen circumstance prevents the applicant from meeting an expense. Emergency grant applicants may obtain rental assistance in cases of impending evictions, assistance with home energy and utility bills, disaster assistance including moving expenses, and the purchase of personal items for health and safety.

New York City Office of Financial Empowerment

42 Broadway, 8th floor

New York, NY 10004

Phone: (212) 487-2710

The Office of Financial Empowerment (OFE) is the first local government initiative in the nation with a mission to educate, empower, and protect New Yorkers with low incomes so they can build assets and make the most of their financial resources.

Services: Operates the Financial Education Network which educates about financial literacy, offers financial counseling and provides social services referrals.

Home Energy Assistance Program

Phone: (800) 692-0557

Home Energy Assistance Program (HEAP) helps low-income homeowners and renters pay bills for heating fuel, equipment and repairs. Also operates HEAT LINE (212) 331-3150 The Heat Line program functions as the homebound unit for HEAP. Requests and referrals for a home visit if you are having trouble paying your bills. Utility Assistance Program (UAP) assists families or individuals who are elderly, blind, disabled, mentally impaired or those residing in a neglected or hazardous environment who require financial assistance for their energy bills.

National Federation of Community Development Credit Unions

116 John St., 33rd Floor

New York, NY 10038

Phone: (212) 809-1850

www.cdcu.com

Offers an economic lifeline to low-income communities that have been abandoned by commercial banks and targeted by high-priced check cashers and predatory lenders. Visit website for more information on the nine local Brooklyn offices.

DOWNTOWN

St. Vincent’s Services

205 Montague St.

Brooklyn, NY 11201

Phone: (718) 855-5436

www.svs.org

Through the American Dream Program, provides tuition assistance and room and board, as well as support for tutoring, counseling, health care, and other incidental expenses through graduation from an institution of post-secondary learning, even past age 21. Ensures that all young people who are accepted into a program of higher education (including college, technology or trade programs, vocational training, etc.) will be able to attend their chosen institution until they graduate. Also offers various other youth programming.

Dekalb Job Center

500 Dekalb Ave.
Brooklyn, NY 11205
Phone: (718) 636-2777

Offers assistance with applying for cash assistance, food stamps, or Medicaid. Part of the Temporary Aid to Needy Families Program (TANF).

Linden Job Center

45 Hoyt St.
Brooklyn, NY 11201
Phone: (718) 237-6509

Offers assistance with applying for cash assistance, food stamps, or Medicaid.

GOWANUS & RED HOOK**Family Services Call Center**

275 Bergen St., 1st Floor
Brooklyn, NY 11217
Phone: (718) 694-8647

Primarily handles face to face recertifications and emergency walk-in activities for the Family Call Center's active child only cases whose payees are not in receipt of cash assistance.

Catholic Charities of Brooklyn & Queens

191 Joralemon St.
Brooklyn, NY 11201
Phone: (718) 722-6001
www.ccbq.org

Offer job training and placement, workshops on financial literacy and foreclosure prevention and emergency assistance programs. Additional services: Food pantry and Medical Bill Aid.

PROSPECT PARK**Flatbush Development Corporation**

1616 Newkirk Ave.
Brooklyn, NY 11226
Phone: (718) 859-3800
www.fdcnline.org

Offers a free financial literacy course. Topics include credit, banking, debt and budgeting, and

tax breaks. FDC also provides follow-up counseling and support for first time homebuyers.

WILLIAMSBURG**Bushwick Job Center**

30 Thornton St.
Brooklyn, NY 11206
Phone: (718) 963-5120

Offers assistance with applying for cash assistance, food stamps, or Medicaid. Part of the Temporary Aid to Needy Families Program (TANF).

BEDFORD-STUYVESANT & FLATBUSH**Bridge Street Development Corporation**

460 Nostrand Ave.
Brooklyn, NY 11216
Phone: (718) 399-0146
www.bsdcorp.org

Offers a first time home-buyers workshop, as well as individual credit and budget counseling to help you get your finances in order.

Local Development Corporation of Crown Heights

752 Nostrand Ave.
Brooklyn, NY 11216
Phone: (718) 604-0020
www.ldcch.com

Offers The Minority and Women Revolving Loan Program, which is designed to financially assist small business owners who operate or own businesses in Crown Heights, or Central Brooklyn. This program is available to minority and women business owners who have existing businesses or are starting new businesses. Additional Services: Technology classes and housing counseling.

The Financial Empowerment Center

1406 Fulton St.
Brooklyn, NY 11216
Phone: (718) 636-6924
www.restorationplaza.org/family-services

Provides personal and small business financial

literacy through a combination of group trainings and one-on-one counseling. Also offers financial coaching to all residents in money management, budgeting, financial planning, benefit screenings, and credit counseling.

GREENWOOD & NEW UTRECHT

Southern Brooklyn Community Organization

4520 18th Ave.

Brooklyn, NY 11204

Phone: (718) 435-1300

www.sbcony.org

Offers mortgage and credit counseling, as well as services to senior citizens, community organization, and affordable housing options.

Bayridge Job Center

6740 Fourth Ave.

Brooklyn, NY 11220

Phone: (718) 921-2084

Offers assistance with applying for cash assistance, food stamps, or Medicaid. Part of the Temporary Aid to Needy Families Program (TANF).

CONESY ISLAND & BRIGHTON BEACH

Urban Neighborhood Services, Inc.

1718 Mermaid Ave.

Brooklyn, NY 11224

Phone: (347) 374-2455

www.uns-inc.org

Offers a spectrum of supportive programming and services to various age groups in Coney Island, as well as surrounding neighborhoods in Southern Brooklyn. Offers year-round seminars and workshops on personal finance, homeownership and small business, with a team of financial professionals and experts, who also provide one-on-one financial counseling.

Coney Island Job Center

3050 West 21st St.

Brooklyn, NY 11224

Phone: (718) 333-3092

Offers assistance with applying for cash assistance, food stamps, or Medicaid. Part of the Temporary Aid to Needy Families Program (TANF).

HOMELESS/TRANSITIONAL SERVICES

Salvation Army Corp Community Centers

120 W. 14th Street

New York, NY 10011

Phone: (212) 337-7200

www.salvationarmy.org

Centers are led by one or more Salvation Army Officers who are dedicated to determining the community's needs and seeing to the physical and spiritual well-being of all those within their reach. Each corps community center is a place for worship, for help for those in need, and for enrichment of the community.

Camba

1720 Church Ave., 2nd Floor

Brooklyn, NY 11226

Phone: (718) 287-2600

www.camba.org

Offers integrated services and programs in: economic development, education and youth development, family support services, HIV/AIDS services, housing services and development, and legal services. Helps people of low-income, those moving from welfare to work, people who are homeless, at risk of homelessness or transitioning out of homelessness, individuals living with or at risk of HIV/AIDS, immigrants and refugees, children and young adults, entrepreneurs and other groups working to become self sufficient. Local branches listed on website.

Urban Justice Center

123 William St., 16th Floor

New York, NY 10038

Phone: (646) 602-5600

www.urbanjustice.org

Through The Homelessness Outreach and Preven-

tion Project, advocates for economic justice for low and no-income New Yorkers by ensuring access to public benefits and government accountability for these programs using a multi-pronged approach of direct legal services, litigation, and research.

Common Ground

505 Eighth Ave., 15th Floor
New York, NY 10018
Phone: (800) 324-7055
www.commonground.org

Offers a Street to Home program that helps people living on the streets move directly into homes. We identify and house the most vulnerable: those who have been homeless the longest, have the most disabling conditions, and are least likely to access housing resources. These individuals typically spend years cycling between emergency shelters, hospitals, and jails. Once housed, we connect them with services that help them get back on their feet and participate in their own rehabilitation. Call or visit website for information about local housing.

DOWNTOWN

Brooklyn Community Housing and Services

105 Carlton Ave.
Brooklyn, NY 11205
Phone: (718) 625-4545
www.bchands.org

Provides safe, clean supportive housing each year for nearly 800 women, children and men who had been homeless, and help them learn how to live productively and independently, with dignity, and with hope. Offers Scattered-Site Housing and transitional housing, as well as vocational assistance.

The Arab-American Family Support Center

150 Court St., 3rd Floor
Brooklyn, NY 11201
Phone: (718) 643-8000
www.aafscny.org

Provides comprehensive social services to Arab-American immigrant families and children as they adjust to a new culture and navigate American laws

and cultural norms. Programs include English as a Second Language classes, legal assistance, youth development programs, domestic violence prevention and access to health care.

Women's Prison Association Community Office

175 Remsen St., 9th Floor
Brooklyn, NY 11201
Phone: (646) 336-6100
www.wpaonline.org

Offers The Sunflower House program, a self-governed permanent housing environment for women with criminal justice histories and in recovery. Offers courses on budgeting and building maintenance and organizes regular house meetings.

Corp Community Center - Bedford Temple

601 Lafayette Ave.
Brooklyn, NY 11216
Phone: (718) 622-0614

Offers various services to the community, including adult, youth, and emergency relief services.

GOWANUS & RED HOOK

Park Slope CHIPS

200 4th Ave.
Brooklyn, NY 11217
Phone: (718) 237-2962
www.chipsonline.org

Welcomes the poor and hungry by providing hot, nutritious meals in a safe and secure environment. Also provides a shelter for young, homeless mothers, pregnant or with infants and toddlers, accepts and distributes seasonal clothes and emergency pantry items, schedules programs, referrals, classes, and individual and group meetings with mothers and their children, and encourages all participants to use their talents and gifts to the fullest and to become independent and exercise the power of their lives.

WILLIAMSBURG

Corp Community Center - Bushwick

1151 Bushwick Ave.

Brooklyn, NY 11221

Phone: (718) 455-4102

Offers various services to the community, including adult, youth, and emergency relief services.

BEDFORD-STUYVESANT & FLATBUSH

Neighbors Together

2094 Fulton St.

Brooklyn, NY 11233

Phone: (718) 498-7256

www.neighborstogether.org

Helps promote The Homelessness Outreach and Prevention Project. Also maintains a soup kitchen which provides hot nutritious meals to meet the immediate need for food, and an Empowerment Program to provide personalized intake and referrals to help people deal with emergency situations.

Providence House

703 Lexington Ave.

Brooklyn, NY 11221

Phone: (718) 455-0197

www.providencehouse.org

Operates six group transitional residences, a transitional apartment residence and three permanent housing residences that provide shelter and support to homeless, abused and formerly incarcerated women and their children. Each residence provides case management and other support programs to help women get back on their feet and reintegrate into the community, focusing on housing, education, employment and sobriety.

Ready, Willing, & Able Program

520 Gates Ave.

Brooklyn, NY 11216

Phone: (718) 622-0634

www.doe.org

A unique program for homeless or needy individu-

als, where participants are paid an hourly wage for providing their valuable street cleaning services. The program also includes services for individuals with HIV and AIDS, a number of permanent affordable housing projects, and a criminal justice program.

St. John's Bread and Life

795 Lexington Ave.

Brooklyn, NY 11221

Phone: (718) 574-0058

www.breadandlife.org

Promotes The Homelessness Outreach and Prevention Project, offers a Soup Kitchen, Mobile Soup Kitchen and Food Pantry, provides legal and medical referrals, nutritional counseling and single stop social services.

GREENWOOD & NEW UTRECHT

Council of Neighborhood Organizations Inc.

3911 Ft. Hamilton Pkwy.

Brooklyn, NY 11218

Phone: (718) 853-0100

www.nyshcr.org

Offers a full range of social service programs, housing programs, as well as youth programs. Most importantly, it provides assistance in obtaining help from the most needed programs such as Public Assistance, Food Stamps and Medicare.

Corps Community Center - Bay Ridge

252 86th St.

Brooklyn, NY 11209

Phone: (718) 238-2991

Offers various services to the community, including adult, youth, and emergency relief services.

Corps Community Center - Sunset Park

520 50th St.

Brooklyn, NY 11220

Phone: (718) 438-1771

Offers various services to the community, including adult, youth, and emergency relief services.

CONEY ISLAND & BRIGHTON BEACH

Bensonhurst Multi Service Center

7802 Bay Pkwy.
Brooklyn, NY 11214
Phone: (718) 259-9290

Offers on-site social services and referrals, including a Crisis Intervention program where clients are provided information and referrals, financial assistance, emergency food, emergency shelter, rental assistance, clothing and furniture assistance, employment assistance, entitlement counseling, short-term counseling, and ongoing support.

EAST BROOKLYN

The Sabaoth Group

475 Riverdale Ave.
Brooklyn, NY, 11207
(718) 495-0153
www.sabaothgroup.org

Offers a Re-entry Program that focuses on community based transition and long-term support services for ex-offenders and their families. The organization has been a fixture in the community for more than ten years;

HELP Women's Shelter

116 Williams Ave.
Brooklyn, NY 11207

A women only shelter offering a safe place to sleep for the night.

The Gathering Place

2403 Atlantic Ave.
Brooklyn, NY 11233

A Department of Homeless Services Drop-in Center that provides hot meals, showers, laundry facilities, clothing, medical care, recreational space, employment referrals and other social services.

Corp Community Center - Brownsville

280 Riverdale Ave.
Brooklyn, NY 11212
Phone: (718) 345-7050

Offers various services to the community, including

adult, youth, and emergency relief services.

HOUSING/HOUSING COUNSELING

The New York City Housing Authority

50 Broadway
New York, NY 10007
Main Phone: (212) 306-3000
Brooklyn Phone: (718) 649-6400
www.nyc.gov/nycha

Provides decent and affordable housing in a safe and secure living environment for low and moderate-income residents throughout the five boroughs. To fulfill this mission, NYCHA must preserve its aging housing stock through timely maintenance and modernization of its developments. NYCHA also administers a citywide Section 8 Leased Housing Program in rental apartments. Simultaneously, they work to enhance the quality of life at NYCHA by offering residents opportunities to participate in a multitude of community, educational and recreational programs, as well as job readiness and training initiatives. Visit website for list of local community centers.

Neighborhood Housing Services: New York City

307 West 36th St., 12th Floor
New York, NY 10018
Phone: (212) 519-2500
www.nhsnyc.org

A not-for-profit housing organization, serving New Yorkers since 1982. They work to revitalize and preserve communities by providing counseling, education and financial assistance in both home buying and home improvement to low and moderate-income residents.

Pratt Area Community Council

www.pacc.publishpath.com
Offers home services, housing counseling, and social services, among other things, at four locations throughout Brooklyn. Also works to provide tools and skills to clients and assist them in remaining healthy, with complementary services such as hot meals, pain-management, acupuncture, nutrition,

and physical fitness programs.

Downtown

Emerson Scattersite Supported Housing

161 Emerson Pl.
Brooklyn, NY 11205
Phone: (888) 425-0501
<http://iclinc.net>

A branch of the Institute for Community Living, program services include family-centered case management, counseling and parent skills training. Client families receive visits from their case manager at least 2 times each month. Potential applicants are parents who are either seeking to regain custody of their children or are at high risk for losing custody. The program serves single parents with up to 3 minor children.

PACC Main Office

201 Dekalb Ave.
Brooklyn, NY 11205
Phone: (718) 522-2613
<http://pacc.publishpath.com>

Provides various home and housing counseling services to low-income residents.

PACC Social Services Office

218 Gates Ave.
Brooklyn, NY 11238
Phone: (718) 398-5100
<http://pacc.publishpath.com>

Provides various home and housing counseling services to low-income residents, as well as other needed social services.

PACC Home Services Office

1224 Bedford Ave.
Brooklyn, NY 11216
Phone: (718) 783-3549
<http://pacc.publishpath.com>

Provides various home and housing counseling services to low-income residents.

Gowanus & Red Hook

Affordable Housing Centers of America

2-4 Nevins St., 2nd Floor
Brooklyn, NY 11217
Phone: (718) 246-8080
www.ahcoa.org

Provides homebuyer assistance, including pre and post-purchase education and counseling, for both homebuyers and those refinancing. Also offers homeowner assistance, including foreclosure prevention counseling for homeowners in danger of losing their homes. In addition, helps with building and renovating affordable rental and single-family housing.

Prospect Park

Fifth Avenue Committee

621 DeGraw St.
Brooklyn, NY 11217
Phone: (718) 237-2017
<http://www.fifthave.org>

Develops and manages affordable housing and community facilities, creates economic opportunities and ensures access to economic stability, organizes residents and workers, offers student-centered adult education, and combats displacement caused by gentrification. FAC has built or renovated 600 units of affordable housing for low and moderate-income residents since 1978 and currently have nearly 400 units in development.

Brooklyn Housing & Family Services

415 Albemarle Rd.
Brooklyn, NY 11218
Phone: (718) 435-7585
<http://brooklynhousing.org>

Protects families and prevents homelessness through the stabilization of multiple-dwellings and the preservation of the scarce housing stock of Brooklyn, defending the rights of minorities, the elderly, the low-income and immigrants, helping the economically deprived become successful citizens by assisting them with entitlements,

ensuring and protecting their rights and assisting in accessing services and in assuring the stability of the buildings and the neighborhoods they live in, the promotion of financial fitness, assisting victims of predatory lending practices protect the equity in their housing investment and assisting them in avoiding foreclosure, and providing specialized services for victims of foreclosure.

Williamsburg

Northeast Brooklyn Housing Development Corporation

132 Ralph Ave.

Brooklyn, NY 11233

Phone: (718) 453-9490

<http://www.nebhdco.org>

Offers programs in regards to asset management, affordable housing, and homeownership. New programs include “the first home club” and “push-for-a-home.”

Churches United Corp.

280 Marcy Ave.

Brooklyn, NY 11211

Phone: (718) 388-3774

<http://www.churchesunitedcorp.org>

Works to empower the community through information, accessibility, and action. The organization is committed to the idea that when tenants, workers and neighborhood leaders advocate effectively in their interest they can influence and inform policy decision making. Another objective is to assure that existing programs, including the gains made from our activism, will benefit the low-income tenants struggling to make ends meet. Over the years they have been active with the distribution of city-lottery housing application forms, Section 8 voucher forms, tenant advisory services, and so on.

Bushwick Housing Independence Project

144 Bleecker St.

Brooklyn, NY 11221

Phone: (718) 574-3007

<http://www.nyshcr.org>

Preserves affordable housing for low and moderate-income families in Bushwick and its surrounding neighborhoods, assists tenants with court cases, and works to help develop nascent tenant associations. Also provides Weatherization assistance to help eligible homeowners and owners of rental properties with measures to improve energy efficiency.

ODA Community Development Corporation

12 Heyward St., 2nd Floor

Brooklyn, NY 11211

Phone: (718) 522-5925

Works with existing homeowners on refinancing their homes to take advantage of the low interest rates and with low-income potential homeowners to qualify for mortgages even at low rates.

Bedford-Stuyvesant & Flatbush

Brooklyn Neighborhood Improvement Association

1482 St. John's Pl., Suite 1F

Brooklyn, NY 11213

Phone: (718) 773-4116

Provides advice, assistance and housing court representation to community members, specializes in community landlord/tenant issues, and offers counseling for first-time home buyers as well as assistance dealing with foreclosures.

NHS of Bedford-Stuyvesant

1012 Gates Ave.

Brooklyn, NY 11221

Phone: (718) 919-2100

<http://www.nhsnyc.org>

Offers the education and affordable loans you need to buy, improve and keep your home. NHS will prepare you for the ongoing responsibilities of buying and maintaining a home, empower you to make smart decisions about your home finance options, and connect you to the most affordable mortgage products.

NHS of East Flatbush

2806 Church Ave.

Brooklyn, NY 11226

Phone: (718) 469-4679

<http://www.nhsnyc.org>

Offers the education and affordable loans you need to buy, improve and keep your home. NHS will prepare you for the ongoing responsibilities of buying and maintaining a home, empower you to make smart decisions about your home finance options, and connect you to the most affordable mortgage products.

Erasmus Neighborhood Federation

814 Rogers Ave.

Brooklyn, NY 11226

Phone: (718) 462-7700

<http://www.erasmusfederation.org>

Offers a Home Rehab program that will provide for renovation in any area of the home that requires it. In addition to general renovation of the property, the program will also weatherize energy inefficient homes. The weatherization component includes: heating system replacement or upgrade, insulation air-loss seal-up work, window repair or replacement, health and safety measures, including testing for carbon monoxide and gas leak and installation of energy-saving light bulbs. Also offers tenant counseling and foreclosure prevention services.

PACC Outreach Office

900 Fulton St.

Brooklyn, NY 11216

Phone: (347) 823-5700

<http://pacc.publishpath.com>

Provides various home and housing counseling services to low-income residents.

Greenwood & New Utrecht**Turning Point**

5220 4th Ave.

Brooklyn, NY 11220

Phone: (718) 360-8100

www.tpdomi.org

Works with disconnected youth, families in crisis, the homeless, substance abusers, the unemployed, persons infected with and affected by HIV, adult non-readers, and non-English speaking immigrants. Offers numerous services including an educational center, a career development program, and extensive housing services, including transitional shelters and long-term scatter-site housing.

Neighbors Helping Neighbors

443 39th St., Suite 202

Brooklyn, NY 11232

(718) 686-7946

<http://www.nhnhome.org>

Offers Readiness Orientations and Homebuyers Seminars to learn whether or not you are financially ready for homeownership based on your income, credit, and savings. Brief information is given about down payment and closing cost assistance programs.

Brooklyn Chinese-American Association

5000 8th Ave.

Brooklyn, NY 11220

Phone: (718) 438-0008

<http://www.bca.net/eng/housing.html>

Offers a variety of housing services, including assistance in applying for public housing, senior housing, low-income housing and middle-income housing, conflict resolution between tenants and landlords, and others.

Midwood Development Corporation

1416 Ave. M

Brooklyn, NY 11230

Phone: (718) 376-1098

<http://www.middev.org>

Helps tenants secure services, organizes tenant associations, operates workshops, and provides various other tenant and landlord services. Also provides one on one counseling to homeowners facing foreclosure. They can assist you with developing a budget that works, negotiate with lenders, and apply for modifications.

Coney Island & Brighton Beach

Bensonhurst Tenants Council

1708 W. 19th St.

Brooklyn, NY 11223

Phone: (718) 372-2413

<http://www.bencojo.org>

Offers information on tenants' rights, organizing, and entitlements. Also provides information and referral to city, state, and federal agencies and charities, apartment referral, and assistance locating affordable housing.

Astella Development Corporation

1618 Mermaid Ave.

Brooklyn, NY 11224

Phone: (718) 266-4653

www.astelladevelopment.org

Provides assistance to potential home buyers, offers counseling to tenants and landlords on their rights and responsibilities, prepares tenants and landlords for housing court, acts as a mediator between tenants and landlords, assists with Housing Authority, HEAP, and SCRIE applications, coordinates educational workshops, helps file DHCR complaints, and provides social service referrals.

Brighton Beach Neighborhood Association

1121 Brighton Beach Ave.

Brooklyn, NY 11235

Phone: (718) 891-0800

<http://www.brightonbeach.com>

Offers housing advocacy, homeowner counseling, landlord assistance, tenant organization, youth services, and various social services to those in need, free of cost.

Greater Sheepshead Bay Development Corp.

2107 E. 22nd St.

Brooklyn, NY 11229

Phone: (718) 332-0582

www.nyshcr.org

Provides home improvement loans, housing exemption applications for tenants, coop and homeowners, commercial revitalization, homeownership

education, foreclosure prevention, senior citizen services and immigrant services.

East Brooklyn

New Dimensions in Care

772 Vermont St.

Brooklyn, NY 11207

Phone: (718) 272-2363

<http://www.newdimensionsincare.org/indic/>

Offers housing assistance, including short-term placements for those who are in emergency need of housing. Also maintains a childcare center and carious support groups.

Cypress Hills Local Development Corporation

3214 Fulton St.

Brooklyn, NY 11208

Phone: (718) 647-8100

<http://cypresshills.org>

Provides housing counseling, first time home-buyer workshops, foreclosure prevention counseling, and home repair loans, among other services.

HUD Supported Housing Family Program

2581 Atlantic Ave.

Brooklyn, NY 11207

Phone: (888) 425-0501

<http://iclinc.net>

A scattered site family reunification and preservation program with 30 apartments (a branch of the Institute for Community Living). These subsidized apartments, located in Crown Heights, Flatbush, Brownsville and Kensington sections of Brooklyn, have to up to 3 bedrooms, and have been selected for their accessibility to shopping and public transportation. Program services include family-centered case management, counseling, and parent skills training, along with tutoring, recreational, employment, and childcare supports. acupuncture, nutrition, and physical fitness programs.ing affordable housing.

Downtown

LEGAL SERVICES

Law Help/NY

<http://www.lawhelp.org/NY/>

Promotes access to high-quality online information about free legal services throughout New York, about legal rights in a broad range of substantive areas, about the court system, and about related advocacy, government and social service organizations. The website provides information that is user-friendly, in English, Spanish, and other languages, in order to help low-income and other vulnerable New Yorkers achieve equal access to justice.

Legal Services NYC

40 Worth St., Suite 606

New York, NY 10013

Phone: (646) 442-3600

<http://www.legalservicesnyc.org>

Provides free high quality legal help in civil matters to low-income people throughout New York City by representing clients in courts and administrative tribunals, providing advice or referral information when we can't provide representation, assisting clients with community-based economic development, providing legal education through community workshops, help-lines and written materials; and providing professional training in poverty law for attorneys, advocates and others. Visit website for Brooklyn locations and more specific services.

Brooklyn Legal Service Corporation A

256-260 Broadway

Brooklyn, NY 11211

Phone: (718) 487-2300

www.bka.org

Provides high-quality, neighborhood-based civil legal services to low-income individuals and groups at three locations throughout Brooklyn.

Brooklyn Family Defense Project

177 Livingston St., Suite 700

Brooklyn, NY 11201

Phone: (347) 592-2500

www.bfdp.org

Provides legal services to help low-income families stay together instead of being torn apart by their lack of resources. They work to provide holistic and high quality legal representation to protect parents' due process rights while promoting access to benefits and services families need to remain safe and stable.

The Civil Legal Advice and Resource Office

141 Livingston St.

Brooklyn, NY 11201

Phone: (718) 624-3894

www.brooklynvlp.org/programs/claro/

A free, weekly walk-in clinic at Kings County Civil Court where consumers can obtain free advice and information about debt collection.

Brooklyn Defender Services

177 Livingston St., 5th Floor

Brooklyn, NY 11201

Phone: (718) 254-0700

www.bds.org

Provides legal services to people who could not afford to retain an attorney. In situations where a trial is ill-advised, they work hard to achieve the best plea bargain for their clients. In many cases, they help clients address the underlying cause that brought them to the point of arrest, by placing them in drug treatment programs, mental health programs, youth programs and other alternatives to incarceration

Osborne Association

175 Remsen St., Suite 800

Brooklyn, NY 11201

Phone: (718) 637-6560

www.osborneny.org

Provides a broad range of treatment, education,

and vocational services to NYC citizens, including people who are currently or formerly incarcerated, their children, and other family members.

South Brooklyn Legal Services

105 Court St., 3rd Floor

Brooklyn, NY 11201

Phone: (718) 237-5500

www.sbls.org

Provides legal assistance to low-income individuals and groups in multiple areas. Assistance includes legal advice and referral, representation in court and before administrative agencies, and help with community development and education projects. They do legislative and administrative advocacy subject to certain restrictions, and various tasks that range from negotiating with landlords about broken refrigerators to arguing appeals in high courts.

Prospect Park

Brooklyn Jubilee

174 Prospect Park W.

Brooklyn, NY 11215

Phone: (718) 249-6359

www.brooklynjubilee.org

Works to advocate and provide for the needs of low-income residents, conducts activities to foster peaceful resolution of conflict between Brooklyn residents, and supports religious organizations, schools, and non-profit organizations in their service to the community, particularly those organizations who are serving the needs of low-income Brooklyn residents.

Williamsburg

Make the Road New York

301 Grove St.

Brooklyn, NY 11237

Phone: (718) 418-7690

www.maketheroadny.org

Maintains a department of legal services that offers various support programs to those in need of legal

help. Engages entire families, with a coordinated attack on the interconnected web of problems that poor families face. Where basic survival needs are unmet, they provide an emergency food pantry, and deliver full meals to the corners where homeless day laborers congregate. Where specialized expertise is called for, our attorneys and advocates provide full representation before government agencies and courts.

Legal Services NYC Outreach Center

32 Penn St.

Brooklyn, NY 11211

Phone: (718) 643-9700

www.legalservicesnyc.org

Brooklyn Bar Association Volunteer Lawyers Project

123 Remsen St., 2nd Floor

Brooklyn, NY 11201

Phone: (718) 624-3894

www.brooklynvlp.org

Works to ensure that the legal system is accessible to those who, because of special needs or the overwhelming burdens of poverty, would not otherwise have their rights protected or their voices heard. Offers representation for family law, including child support, spousal support, child custody and visitation, uncontested divorce, consumer law, including Chapter 7 bankruptcy, and elder law.

Brooklyn Legal Services Corporation

A branch provides assistance with housing, HIV/AIDS, Welfare-to-Work, family law/anti-domestic violence, SSI and the disabled, foreclosure prevention, community and economic development/group representation.

www.bka.org

256-260 Broadway

Brooklyn, NY 11211

Phone: (718) 487-2300

Bedford -Stuyvesant and Flatbush

Bedford-Stuyvesant Community Legal Services

1360 Fulton St., Suite 301

Brooklyn, NY 11216

Phone: (718) 636-1155

Provides quality, free civil legal services to the low income residents of the Bedford-Stuyvesant and Crown Heights Communities, focusing on housing, family, government benefits, consumer benefits, community education, taxpayer assistance, immigration, and foreclosure prevention.

Brooklyn Legal Services Corporation

A branch provides assistance with housing, HIV/AIDS, Welfare-to-Work, family law/anti-domestic violence, SSI and the disabled, foreclosure prevention, community and economic development/group representation.

www.bka.org

1455 Myrtle Ave.

Brooklyn, NY 11237

Phone: (718) 487-0800

Legal Services NYC Outreach Center

180 Livingston St.

Brooklyn, NY 11201

Phone: (718) 852-8888

www.legalservicesnyc.org

The Family Center

584 Nostrand Ave.

Brooklyn, NY 11216

Phone: (718) 230-1379

www.thefamilycenter.org

Provides an array of civil legal services to families and individuals affected by illness, crisis or loss, addressing legal issues in the following substantive areas: lifetime planning, family law, income maintenance, housing. Service available to individuals and families affected by HIV, individuals and families affected by Cancer, and grandparents and caregivers raising children other than their own.

Coney Island and Brighton Beach

Legal Services NYC Outreach Center

3049 Brighton 6th St.

Brooklyn, NY 11235

Phone: (347) 592-2100

www.legalservicesnyc.org

East Brooklyn

Brooklyn Legal Services Corporation A branch Provides assistance with housing, HIV/AIDS, Welfare-to-Work, family law/anti-domestic violence, SSI and the disabled, foreclosure prevention, community and economic development/group representation.

80 Jamaica Ave.

Brooklyn, New York 11207

Phone: (718) 487-1300

www.bka.org/justice

PERSONAL RESOURCES

Brooklyn Personal Resources

COUNSELING AND MENTAL HEALTH

United We Stand

Phone: (718) 302-4313

www.uwsofny.org

A community-based parent support program to serve culturally diverse families who have children with disabilities in the Brooklyn. Services include Individualized Educational Programs (IEPs), mediation sessions, and detailed consultation and information provision on a range of issues, including education, housing, immigration, disability and medical benefits, referrals for support services such as respite, summer camp and family support, MSC and a host of other issues.

Downtown

Guidance Center of Brooklyn Heights

25 Chapel St., Suite 903

Brooklyn, NY 11201

Phone: (718) 875-7510

<http://iclinc.net>

A clinic treatment program located in Downtown Brooklyn serving adults, children and families living throughout the borough. A branch of the Institute for Community Living. Many major insurance plans, as well as Medicaid and Medicare, are accepted. Fees are set on sliding scale based upon income for individuals without insurance.

The Education & Assistance Corporation

175 Remsen St.

Brooklyn, NY 11201

Forensic Link Program: (718) 975-0180

Mental Health Aversion Program: (718) 237-9404

www.eacinc.org

Provides a broad array of educational, vocational, counseling, mediation, and intervention services

to the mentally ill and those leaving the criminal justice system in order to protect children, promote healthy families and communities, and empower individuals to take control of their lives.

HeartShare

12 MetroTech Center, 29th Floor

Brooklyn, NY 11201

Phone: (718) 422-4200

www.heartshare.org

Works to improve the lives of people in need of special services and support. They are committed to serving the needs of individuals with developmental disabilities and their families. Services include: residential programs, adult day programs, early childhood services, a school age program, health and mental health services Medicaid service coordination, respite/recreation programs, parent training, case management and financial reimbursement.

Gowanus & Red Hook

Red Hook Community Justice Center

88 Visitation Pl.

Brooklyn, NY 11231

Phone: (718) 923-8208

www.uwsofny.org

A satellite office of United We Stand, offering a full range of services.

Prospect Park

Mercy Home

243 Prospect Park W.

Brooklyn, NY 11215

Phone: (718) 832-1075

www.mercyhomeny.org

Works to support persons with developmental disabilities in living full and interesting lives through

residential, supportive, and respite programs, each of which emphasizes the importance of being part of the communities in which one lives.

Williamsburg

United We Stand

98 Moore St.

Brooklyn, NY 11206

Phone: (718) 302-4313

www.uwsofny.org

The main office of United We stand, offering a full range of services.

The EAC Anger Management Program

EBC High School

1155 Dekalb Ave.

Brooklyn, NY

Phone: (516) 489-7929

Provides participants with information they can use to rethink their approach to confrontational situations. The goal of the program is to assist defendants who have been charged with conflict related offenses with minimal or no prior criminal records.

Bedford-Stuyvesant & Flatbush

The Haitian American Alliance

210 Linden Blvd.

Brooklyn, NY 11226

Phone: (718) 302-4313

www.uwsofny.org

A satellite office of United We Stand, offering a full range of services.

Linden House Child Community Residence

198 Linden Blvd.

Brooklyn, NY 11226

Phone: (888) 425-0501

<http://iclinc.net>

A community residence for adolescent boys with a capacity of 8 beds. The program is licensed by the New York State Office of Mental Health. Linden House provides a structured, therapeutic, home-

like environment for adolescent boys ages 14-17 years old at the time of admission that are diagnosed with a serious emotional disorder. A program by the Institute of Community Living.

Greenwood & New Utrecht

Center for Students, Teachers and Families

4812 9th Ave.

Brooklyn, NY 11220

Phone: (718) 436-8692

<http://iclinc.net/>

A branch of the Institute for Community Living, this center is a school-based mental health program located at John J. Pershing Intermediate School. On site services use methods with demonstrated effectiveness for school-age children, and include mental health evaluations; individual, family, and group counseling; and medication treatment. Many major insurance plans, as well as Medicaid and Medicare, are accepted. Fees are set on sliding scale based upon income for individuals without insurance.

Guidance Center of Brooklyn, Inc.

62-01 16th Ave.

Brooklyn, NY 11204

Phone: (718) 256-8600

<http://iclinc.net/>

Maintains a skilled staff of social workers and psychiatrists who provide evaluations and assessments, as well as a range of individual, family and group therapy, psychopharmacology and crisis services, using methods with demonstrated effectiveness. GCB is located next door to the Institute for Community Living's HealthCare Choices medical clinic, providing consumers with the opportunity for fully integrated psychiatric and medical care. Many major insurance plans, as well as Medicaid and Medicare, are accepted. Fees are set on sliding scale based upon income for individuals without insurance.

The House of Prayer

4602 3rd Ave.
Brooklyn, NY 11220
Phone: (718) 765-0398
www.uwsofny.org

A community-based support center operated by United We Stand. Services offered by appointment only.

Center for Family Life in Sunset Park

345 43rd St.
Brooklyn, NY 11232
Phone: (718) 788-3500
www.cflsp.org

Provides individual, group, and family counseling services for neighborhood children, youth and families. The program uses an ecological model of intervention that focuses on the value of human relatedness and of authentic, supportive communication in family life. Counseling also involves advocacy and referrals for benefits and services that can contribute to household stabilization.

Coney Island & Brighton Beach

Heartshare Beacon Program

2929 W. 25th St
Brooklyn, NY 11224
Phone: (718) 714-0103
www.heartshare.org

An outreach program of Heartshare, held at P.S. 288. Offers a range of services to disabled youth and their families, regardless of ability to pay.

East Brooklyn

East New York Urban Youth Corps

539 Alabama Ave.
Brooklyn, NY 11207
Phone: (718) 922-2229
www.enyuyc.net

Works to educate residents in the form of direct case management such as counseling, referrals to existing resources, organizing leadership bodies so

residents are informed and can take an active role in creating solutions, and youth development programs that foster academic and social growth. Also offers family and individual mental health support, parenting workshops, domestic violence prevention, an employment assistance program, child abuse prevention and education services, and a special needs children advocacy program, information and referral.

Highland Park Clinic

2581 Atlantic Ave.
Brooklyn, NY 11207
Phone: (718) 495-6700
<http://iclinc.net/>

Has a skilled staff of social workers and psychiatrists providing individual, family and group therapy, psychopharmacology and crisis intervention services. A branch of the Institute for Community Living.

Rockaway Parkway Clinic

2128 Rockaway Pkwy.
Brooklyn, NY 11236
Phone: (718) 272-3300
<http://iclinc.net/>

A licensed mental health clinic serving adults, children and families in the East New York, Flatlands and Canarsie communities in Brooklyn. A branch of the Institute for Community Living.

PARENTING SERVICES

Downtown

Young Mothers' Collective

388 Atlantic Ave., Third Floor
Brooklyn, NY 11217
Phone: (718) 596-7074
www.brooklynyoungmotherscollective.org

Helps young mothers develop leadership skills and obtain self-sufficiency. Also provides ongoing case management and education advocacy services to disadvantaged young mothers to ensure that young mothers experience educational success

and self-sufficiency. Women are also given an opportunity to participate in an intensive training process so that they are able to work alongside staff conducting outreach and educational workshops.

BCS Homemakers Services

285 Schermerhorn St.
Brooklyn, NY 11217
Phone: (718) 310-5600
www.wearebcs.org

Offers the support of “homemakers”, who teach parents how to manage their households and their budgets, while helping them learn crucial parenting skills. For seriously ill parents, homemakers take on household tasks so that parents can spend quality time with their children. The program provides the support and skills that beleaguered parents need to keep their families together.

Gowanus & Red Hook

Families First Brooklyn

250 Baltic Street
Brooklyn, NY 11201
Phone: (718) 237-1862
www.familiesfirstbrooklyn.org

Offers a wide variety of high-quality classes for children ages 0-7, support groups for parents, and enriching parenting workshops. Additional Services: Day Referral Services, Community Organization and Development and Benefit Referrals.

Prospect Park

Project Reach Youth

199 14th St.
Brooklyn, NY 11215
(718) 768-0778
www.pry.org

A community based organization that helps low income youth and families to learn and grow in a creative and supportive environment. PRY offers programs and services to the entire family. These include a family literacy program for pre-K children, younger siblings and parents, citizenship classes,

ESOL (English for Speakers of Other Languages) classes, counseling, parenting, home visits, after school learning centers for elementary school children, an after school conflict resolution program, and an after school program for junior high school immigrant youth.

Brooklyn ACS Borough Office

1274 Bedford Ave.
Brooklyn, NY 11217
Phone: (718) 623-4500
www.nyc.gov/html/acs/

Offers preventative services and programs to struggling parents.

Williamsburg

Bushwick impact

69 Central Avenue
Brooklyn, NY 11206
Phone: (718) 381-1500
www.bushwickimpact.org

IMPACT is a neighborhood-based family resource center that strengthens children’s potential for success by investing in parents, building community and influencing policy. Serves parents with children from birth through age eight, providing leadership development, child development supports, family literacy and family support that include information and referrals to services that meet whole family needs. This unique model relies on peer advocates who work directly with families to provide information, promote positive parenting, and support families in their efforts to raise healthy children and reach their own potential.

Bedford-Stuyvesant & Flatbush

Family Dynamics

613-619 Throop Ave.
Brooklyn, NY 11216
Phone: (718) 919-1226
www.sco.org

Offers numerous individual and family counsel-

ing services both on site and at home that help to ensure that all families get healthier and happier starts. Also offers educational and supportive workshops for parents to improve and enhance parenting and coping skills.

Bedford-Stuyvesant Family Center

20 New York Ave., 2nd Floor

Brooklyn, NY 11216

Phone: (718) 622-9400

www.wearebcs.org

Offers family and child Services, family counseling, group services on parenting skills, relapse prevention, stress management, and various other youth and parent programs.

Brooklyn Perinatal Network, Inc.

800 Marcy Ave.

Brooklyn, NY 11216

Phone: (718) 643-8258

www.bpnetwork.org

Works to prevent and reduce infant/maternal illness and death by enabling at-risk residents to access parenting workshops, vital information, coordinate care, supportive health and social supportive services and assisting families to secure public health benefits and resources needed to maintain health.

Greenwood & New Utrecht

Lutheran Healthcare - The Family Support Center

6025 6th Ave.

Brooklyn, NY 11220

Phone: (718) 630-7186

www.lmcmc.com

Offers classes in Adult Basic Education, GED-prep, English, in addition to family counseling, childcare services, after-school programming, AmeriCorps service opportunities, and HIV peer education.

Coney Island & Brighton Beach

Jewish Board of Family and Children Services

2020 Coney Island Avenue

NY 11223-2329

(718) 676-4280

www.jbfcs.org

With multiple locations throughout the city, JBFCS offers a variety of programs: Parenting Resources, Adults Living with Mental Illness, Children and Adolescent Services, Volunteer, Jewish Community Services, Counseling Services, Domestic Violence & Preventive Services, Early Childhood & Learning, and Professional and Leadership Development.

East Brooklyn

East New York Family Center

100 Pennsylvania Ave., 3rd Floor

Brooklyn, NY 11207

Phone: (718) 345-6300

<http://www.nyc.gov/html/acs/>

Offers family and individual counseling, parenting classes, substance abuse treatment, domestic violence intervention, home care, support for pregnant and parenting teens, and other services.

Episcopal Community Services

1837 Pitkin Ave.

Brooklyn, NY 11212

Phone: (718) 498-4100

www.nyc.gov/html/acs/

Offers family and individual counseling, parenting classes, substance abuse treatment, domestic violence intervention, home care, support for pregnant and parenting teens, and other services.

DRUG AND ALCOHOL ABUSE

Addiction Research and Treatment Corporation

www.artcny.org

Provides services to drug addicts in the inner-city communities of New York. Works to help its

patients lead healthy, independent and productive lives allowing them to become responsible citizens who engage in a variety of meaningful activities. Offers methadone treatment for opiate addictions, as well as individual, group, and family counseling, comprehensive medical and mental health services, opportunities to participate in research, women's services, referrals, and educational and vocational services. Also runs the RISE Drug-Free Program, an outpatient chemical (drug and/or alcohol) dependency treatment for adults who don't require in-patient detoxification.

Downtown

Community Counseling and Mediation

One Hoyt St., 7th Floor
Brooklyn, NY 11201
Phone: (718) 802-0666
www.ccmnyc.org

Offers an Alcohol and Substance Abuse Program (ASAP), a licensed, medically-supervised outpatient treatment program, utilizing a comprehensive approach towards recovery that coordinates assessment and diagnosis, individual, group and family counseling, buprenorphine treatment, acupuncture, and case management. Also offers various other family and youth wellness services.

ARTC Administrative Office

22 Chapel St.
Brooklyn, NY 11201
Phone: (718) 260-2900
www.artcny.org

Offers a full range of services including individual, group, and family counseling, comprehensive medical and mental health services, opportunities to participate in research, women's services, referrals, and educational and vocational services.

New York Therapeutic Communities

Serendipity I (for men)
977 Bedford Ave.
Brooklyn, NY 11205
Phone: (718) 398-0096

Serendipity II (for women)
944 Bedford Ave.
Brooklyn, NY 11205
Phone: (718) 802-0572
www.staynout.org

Community-based residential programs for men and women returning from prison or as an alternative to incarceration. Individuals live and work together to maintain fulfilling and drug-free lives. Programs offer counseling, peer self-help, job training, and family reunification, among other things.

Realization Center

175 Remsen St.
Brooklyn, NY 11201
Phone: (718) 342-6700
www.realizationcenternyc.com

Offers the following treatment programs: Adult and adolescent chemical dependency (for alcohol, marijuana, cocaine, opiates/heroin, and pills), dual diagnosis for people with chemical dependency and co-existing psychiatric disorders, sexual addiction recovery, parenting groups, chronic relapse program, and codependency programs including education and treatment. Accepts Medicaid and fees on a sliding scale.

Gowanus & Red Hook

NARCO

561 Court St.
Phone: (718) 802-1111
Brooklyn, NY 11231
www.narcofreedom.com

Offers services that include several modalities of chemical dependency treatment, primary medical care and social support. Offers extensive programming in both alcohol and drug treatment.

Prospect Park

ARTC - Fort Greene

937 Fulton St.
Brooklyn, NY 11238
Phone: (718) 789-1212

www.artcny.org

Offers a full range of services including individual, group, and family counseling, comprehensive medical and mental health services, opportunities to participate in research, women's services, referrals, and educational and vocational services.

Anchor House

1041 Bergen St.

Brooklyn, NY 11216

Phone: (718) 771-0760

www.anchorhousenyc.org

Offers a long-term (18 months) inpatient drug and alcohol treatment program for men. Also provides counseling and residential housing for more than 30 days. Must be 18 years or older.

Phoenix House

174 Prospect Pl.

Brooklyn, NY 11238

Phone: (718) 789-4616

www.phoenixhouse.org

Helps people of all ages lead fulfilling, drug-free lives. Programs available for adolescents and adults, as well as specialized programs for women, mothers, and people with mental illnesses. Fees are based on a sliding scale; no client is denied treatment because of their inability to pay. Admission process includes a confidential interview, diagnostic evaluation, one-on-one counseling, and customized treatment planning.

Williamsburg

ARTC - Bushwick

1149-55 Myrtle Avenue

Brooklyn, NY 11206

Phone: (718) 574-1801

www.artcny.org

Offers a full range of services including individual, group, and family counseling, comprehensive medical and mental health services, opportunities to participate in research, women's services, referrals, and educational and vocational services.

Bedford-Stuyvesant & Flatbush

Bedford-Stuyvesant Alcohol Treatment Center

722 Myrtle Ave.

Brooklyn, NY 11205

Phone: (718) 636-4200

www.cibsbedstuy.org/bed-stuy-information

Drug & alcohol rehabilitation center focused on substance abuse treatment. Center provides partial hospitalization, outpatient, and residential long-term treatment care. Special groups and programs for women and men. Sliding scale costs.

Greenwood & New Utrecht

The Resource Training Center

482 39th St.

Brooklyn, NY 11232

Phone: (718) 871-7433

www.resourcetraining.org

Offers support services to individuals who may experience difficulty gaining employment due to their history of alcohol and drug use, incarceration related to addictions, or complications related to addictive disorders within the family. Their training and vocational counseling allows individuals who are ineligible to receive governmental employment assistance to complete a state-approved training program and gain the experience to take the examination to become Credentialed Alcohol and Substance Abuse Counselors.

Coney Island & Brighton Beach

Coney Island Hospital

2601 Ocean Pkwy.

Brooklyn, NY 11235

Phone: (718) 616-3000

www.coneyislandhospital.com

Provides outpatient chemical dependency treatment for men and women over the age of 18 years. They offer specialized groups for mentally ill and chemically dependent (MICA) women, older adults and significant others. Inpatient and outpatient

care available. Through HHC options, low and moderate-income HHC patients can get affordable healthcare. If a patient is not eligible for public insurance, they reduce the patient's fee to an affordable amount, based on family size and income. Also accepts Medicaid.

Ida G. Isreal Community Health Center

2201 Neptune Ave.

Brooklyn, NY 11224

Phone: (718) 714-2900

Offers a range of chemical dependency treatment programs and services. Accepts Medicaid and reduces fee to an affordable amount for low-income patients. Also provides general health and wellness services for adults and children.

East Brooklyn

The Network Program of Episcopal Social Services

653 Schenck Ave.

Brooklyn, NY 11207

Phone: (718) 257-5020

www.essnyc.org

Provides therapeutic counseling services, including The Network Anger Management Workshop, drug prevention therapy, and referrals to drug treatment programs. Additionally, they offer a safe and stable space to share successes, discuss problems and concerns, and get feedback and techniques for growth and transformation.

Alpha School Center for Progressive Living, Inc.

2400 Linden Blvd.

Brooklyn, NY 11208

Phone: (718) 257-5800

Offers an outpatient drug-treatment program and an adolescent drug prevention program. Adolescents can also receive referrals to GED and computer literacy programs. Referrals and walk-ins accepted. Medicaid accepted.

ARTC - East New York

494 Dumont Ave.

Brooklyn, NY 11207

Phone: (718) 385-4000

www.artcny.org

Offers a full range of services including individual, group, and family counseling, comprehensive medical and mental health services, opportunities to participate in research, women's services, referrals, and educational and vocational services.

DOMESTIC ABUSE

Edwin Gold Services for Children and Families

Phone: (212) 437-3500

www.egscf.org

Provides an array of services targeted to meet the needs of victims of gender-based violence: counseling, crisis intervention, advocacy, legal services for adults, teens, and children, group counseling services in both English and Spanish, creative arts and movement groups, multiple family groups, community outreach and training to both service providers and community members, and alternatives to incarceration and batterers intervention programming.

Downtown

Urban Resource Institute

22 Chapel St.

Brooklyn, NY 11201

Phone: (718) 260-2900

www.uriny.org

Provides domestic violence services to victims of domestic violence in shelter environments. URI operates both emergency shelters as well as transitional shelters. The emergency shelters assist each resident by immediately providing a safe environment that protects both women and children from the abuser. By initially offering crisis intervention services to each resident, within a warm and caring setting, the adult resident and her dependent

child(ren) are able to begin increasing their awareness and understanding of the impact of domestic violence and begin the healing process. In addition, URI emergency shelters offer comprehensive services to assist resident with their goals that include living an independent life free of abuse.

New York City Family Justice Center

350 Jay St., 15th Floor

Brooklyn, NY 11201

Phone: (718) 250-5111

Domestic Violence Hotline: (800) 621-4673

Enables victims to meet with a prosecutor, speak with a trained counselor, and apply for housing and financial assistance in just one visit – all while their children play safely in the next room. Clients may walk in and choose which services they want, services are free and available to all victims regardless of sex, age, nationality, religion, or sexual orientation. Language interpretation is also available.

Jane Barker Brooklyn Child Advocacy Center

320 Schermerhorn St.

Brooklyn, NY 11217

Phone: (718) 330-5400

www.safehorizon.org

Provides assistance to physically and sexually abused children and their families. Child protective caseworkers, police detectives, pediatricians, prosecutors, victim advocates, and mental health professionals all work together in a child friendly center to collect evidence, minimize the number of times the child is interviewed, and ensure that the child receives appropriate medical examinations and therapeutic support.

Center Against Domestic Violence

25 Chapel St., Suite 904

Brooklyn, NY 11201

Phone: (718) 254-9134

www.cadvny.org

Offers support, shelter, and education through counseling, safe houses, and school programs for teens. For residents, works to move them from victims to survivors and equip them for lives free from

domestic abuse. Also offers case management and support groups.

Gowanus & Red Hook

EGSCF - Main Office

151 Lawrence St., 5th Floor

Brooklyn, NY 11201

Phone: (212) 437-3500

www.egscf.org

Provides various services to victims of domestic abuse and their families. Works to empower families and communities through innovative strength-based programs that promote healing and social change.

Prospect Park

Center for Anti-Violence Education

327 7th St., 2nd Floor

Brooklyn, NY 11215

Phone: (718) 788-1775

www.caeny.org

Works as a catalyst for change in the lives of women, LGBT people, teen women, children, and other communities especially affected by violence. CAE's programs are designed to develop participants' skills, knowledge, and awareness to enable them to heal from, prevent, and counter violence in order to actively create a peaceful, just, and equitable world.

Williamsburg

Dwa Fanm

P.O. Box 23505

Brooklyn, NY 11202

Phone: (718) 222-6320

www.dwafanm.org

Strives to improve the lives of women and girls by providing programs and services that have been designed to give them the tools they need to lead safe, healthy, and self-sufficient lives. They maintain programs that address three broad issues: violence against women; poverty; and human rights.

Bedford-Stuyvesant & Flatbush

EGSCF - Bedford-Stuyvesant

352-358 Classon Ave.

Brooklyn, NY 11238

Phone: (718) 513-7000

www.egscf.org

Provides various services to victims of domestic abuse and their families. Works to empower families and communities through innovative strength-based programs that promote healing and social change.

EGSCF - New Hope Preventative Program

20 New York Ave.

Brooklyn, NY 11216

Phone: (347) 464-7140

www.egscf.org

Offers crisis intervention, parenting skills workshops, individual and family counseling, family support services, and referral services. Also provides various other services to victims of domestic abuse and their families.

Woodhull Medical Center

760 Broadway

Brooklyn, NY 11206

Phone: (718) 963-8000

www.nyc.gov/html/hhc/

Offers comprehensive services for survivors of sexual assault. Victims are accompanied at all times by a specially trained Sexual Assault Advocate who provides comfort and support. Within one hour of arrival, the survivor is seen and assessed by a Sexual Assault Forensic Examiner, who completes a comprehensive exam. The patient is offered medication to prevent pregnancy and sexually transmitted diseases. All patients receive follow up services and referrals to ensure ongoing care. Will treat all patients regardless of inability to pay.

Greenwood & New Utrecht

Trinity Healing Center, Inc.

7304 5th Ave., #272

Brooklyn, NY 11209

Phone: (718) 238-5138

www.thehealingcenterny.org

A not-for-profit, community-based agency dedicated to the intervention and prevention of family violence and abuse, serving people of diverse faiths, cultures and personal experiences. All services are free and confidential.

Coney Island & Brighton Beach

Family Violence Prevention Program

7802 Bay Pkwy.

Brooklyn, NY 11214

Phone: (718) 331-6800 Ext. 147

www.jchb.org/social-services/

Serves victims and survivors of domestic violence/abuse and their families regardless of their age, income level, gender, and immigration status. Program provides individual counseling, safety planning, help understanding your rights and American laws, entitlement counseling, emergency shelter placement assistance, and referrals for employment, child care, and legal services (all free of charge and confidential.)

East Brooklyn

Tabernacle of Praise

1274 Utica Ave.

Brooklyn, NY 11203

Phone: (718) 451-2143

www.topcathedral.org

Offers a range of support services to victims of domestic abuse and their families.

VOLUNTEER OPPORTUNITIES

CityMeals-on-Wheels

355 Lexington Ave.

New York, NY 10017

Phone: (212) 687-1234

www.citymeals.org

Help deliver meals to senior citizens or disabled persons in need. Volunteer opportunities as ten distribution centers throughout Brooklyn. Call or visit website for more information on local centers.

Downtown

Boys Hope Girls Hope of New York

LaSalle Hall

367 Clermont Ave.

Brooklyn, NY 11238

Phone: (718) 689-3444

www.bhghny.org

Help academically capable and motivated children-in-need reach their full potential. The children who join the program have the promise and drive to succeed, but typically do not come from environments that encourage and ensure their success. Once children join, they are provided with a stable and comfortable home living environment, and are given the tutoring and guidance they need to ensure their success.

Brooklyn Bridge to Cambodia

20 Sidney Pl., Suite 3A

Brooklyn, NY 11201

Phone: (718) 855-4637

<http://www.bb2c.org>

Help to restore and strengthen local communities by developing small business projects for Cambodian villagers. The Pump Project distributes efficient water pumps to those in need, throughout Cambodia, working to effect sustainable changes.

The One-On-One Foundation

142 Joralemon St., 3E

Brooklyn, NY 11201

Phone: (718) 935-0400

www.oneononefoundation.org

Support underserved New York schoolchildren and families by helping to link struggling students with the highest quality, state-of-the-art educational treatment that every student deserves so that they may thrive. The foundation works to raise and provide funds to these students, which enables them to access the types of services they require to achieve educational health and academic success.

Gowanus & Red Hook

Friends of Firefighters

199 Van Brunt St.

Brooklyn, NY 11231

Phone: (718) 643-0980

www.friendsoffirefighters.org

Help provide in-house services to firefighters in need. FoF acts as a means of linking members of the firefighting community with other programs, making those programs more successful in reaching and helping those in need. Also operate a resource center providing various services to firefighters and their families.

Spoons Across America

540 President St., 3rd Floor

Brooklyn, NY, 11215

Phone: (347) 223-5619

<http://spoonsacrossamerica.org>

Help provide information and programs about food and nutrition for schools, families, and community organizations. Through hands-on education programs, children learn about food - its connection to the land and seasons, and the importance of cooking together and sharing meals around the family table. Programs educate children and their families about healthy eating habits and cooking methods while introducing them to fresh, seasonal and local foods.

Prospect Park

Community and Economic Development Corporation

John Jay High School

237 7th Ave.

Brooklyn, NY 11215

<http://yesuc.org/>

Help to train local residents in job searching skills and entrepreneurial skills, provide low income housing, and to also engage in activities which are necessary, suitable or convenient for the betterment of the community as a whole.

CAMBA

1720 Church Ave., 2nd Floor

Brooklyn, NY 11226

Phone: (718) 287-2600

www.camba.org

Help with integrated services and programs in: economic development, education and youth development, family support services, HIV/AIDS services, housing services and development, and legal services.

Fifth Avenue Committee

621 DeGraw St.

Brooklyn, NY 11217

Phone: (718) 237-2017

www.fifthave.org

Help to advance social and economic justice in Brooklyn, principally through developing and managing affordable housing, creating employment opportunities, organizing residents and workers, providing adult-centered education opportunities and combating displacement caused by gentrification.

Williamsburg

Make the Road New York

301 Grove St.

Brooklyn, NY 11237

Phone: (718) 418-7690

<http://www.maketheroadny.org>

Help to promote economic justice, equity, and opportunity for all New Yorkers through community and electoral organizing, strategic policy advocacy, leadership development, youth and adult education, and high quality legal and support services.

Brooklyn Animal Resource Coalition

253 Wythe Ave.

Brooklyn, NY 11211

Phone: (718) 486-7489

www.barcshelter.org

Help the shelter provide a safe haven for abandoned animals and to find permanent loving homes for them. While in the shelter's care, they are provided with quality food, shelter, medical attention, and the love they deserve. Volunteers assist with dog walking or maintaining the cat loft.

Bedford-Stuyvesant & Flatbush

Volunteer Ambulance Corporation

727 Greene Ave.

Brooklyn, NY 11221

Phone: (718) 453-4617

www.bsvac.org

Volunteers run an ambulance service (emergency and non-emergency transport), trauma cars, operate a medical station/ambulance stand-by for events (e.g., concerts in park), a neighborhood first-aid station, give blood pressure readings, and participate in wellness fairs.

St. John's Bread and Life

75 Lewis Ave.

Brooklyn, NY 11206

Phone: (718) 574-0058 Ext. 26

<http://www.breadandlife.org>

Volunteers help to operate a soup kitchen that serves breakfast and lunch to needy New Yorkers each day. They also work to reduce suffering and encourage independence by providing clothing, health and counseling services.

Greenwood & New Utrecht

Asian Community United Society

1884 86th St.

Brooklyn, NY 11214

Phone: (718) 801-8501

www.acus-ny.org

Help to protect the rights of new immigrants, undocumented residents, and underserved citizens living in the community from abuse and persecution, and help them to locate government-sponsored benefits. Also work to help less-fortunate Asians voice their opinions about the community to lawmakers and law enforcement, establish a merchant network to identify community needs, and enhance communication and dispute resolution.

Arab-American Association of New York

7111 5th Ave.

Brooklyn, NY 11209

Phone: (718) 745-3523

www.ArabAmericanNY.org

Help new Arab immigrants to adjust to their new homeland through supportive counseling, case management, domestic violence intervention, immigration, public benefits eligibility, a youth program, and cultural events throughout the year.

Juan Neumann Center

550 59th St.

Brooklyn, NY 11220

Phone: (718) 439-8160

<http://olphbkny.org/jnc/>

Coney Island & Brighton Beach

Save Coney Island

Coney Island

Brooklyn, NY

www.saveconeyisland.net

An all-volunteer, non-profit organization committed to restoring Coney Island as a world-class amusement destination. They work to raise awareness of the issues facing Coney Island and promote discussion about how to turn Coney's amusement

area once more into the "Playground of the World." Go online or send an email for more information about volunteering.

East Brooklyn

East New York Farms

United Community Centers

613 New Lots Ave.

Brooklyn, NY 11207

Phone: (718) 649-7979

www.eastnewyorkfarms.org

Work on the farm, assist with the farmer's market, or join one of the community gardens.

SMOKING CESSATION

The Brooklyn Hospital Center

Phone: (718) 250-8000

www.tbh.org/smoking-cessation-program

Offers a smoking cessation program that focuses on counseling and education, nicotine replacement, and prescription medications that target nicotine receptors in the brain, attach to them, and block nicotine from reaching them. Program available at four locations throughout the borough.

New York Methodist Hospital

Phone: (718) 780-3000

www.nym.org

Offers a seven week smoking cessation program for a small fee. Program at several hospitals throughout Brooklyn.

Downtown

Cumberland Diagnostic & Treatment Center

100 North Portland Ave.

Annex Building, Room 205

Brooklyn, NY 11205

Phone: (718) 260-7756

www.nyc.gov/html/hhc/

Offers the New York City Quit Smoking Program, as well as free nicotine patches in the lobby.

The Brooklyn Hospital Center - Downtown

121 Dekalb Ave.

Brooklyn, NY 11201

Phone: (718) 250-8621

www.tbh.org/smoking-cessation-program

Offers a smoking cessation program that will help you to quit smoking simply by learning techniques to control your cravings.

NYM Main Campus

506 6th St.

Brooklyn, NY 11215

Phone: (718) 780-3000

www.nym.org

Offers a seven week smoking cessation program for a small fee.

Gowanus & Red Hook**The South Brooklyn Health Center**

120 Richards St.

Brooklyn, NY 11231

Phone: (718) 834-8202

www.nym.org

Offers a seven week smoking cessation program for a small fee.

Park Slope Infusion Center

343 Fourth Ave.

Brooklyn, NY 11215

Phone: (718) 499-2169

www.nym.org/

Offers a seven week smoking cessation program for a small fee.

Prospect Park**Kings County Hospital**

451 Clarkson Ave.

T-Building, Room 626

Brooklyn, NY 11203

Phone: (718) 245-7848

www.nyc.gov/html/hhc/

Offers a smoking cessation program for those in need. Fees offered on a sliding scale. Also offers a

chemical dependency and alcohol abuse program.

NYM Family Health Center of Downtown

210 Flatbush Ave.

Brooklyn, NY 11217

Phone: (718) 783-0070

www.nym.org

Offers a seven week smoking cessation program for a small fee.

NYM Medical Associates

1 Prospect Park W.

Brooklyn, NY 11215

Phone: (718) 246-8600

www.nym.org

Offers a seven week smoking cessation program for a small fee.

Williamsburg**Manhattan Avenue Health Center**

960 Manhattan Ave.

Brooklyn, NY 11222

Phone: (718) 349-8500

www.tbh.org/smoking-cessation-program

Offers The Brooklyn Health Center's smoking cessation program which will provide products such as gum, lozenges, inhalers, nasal sprays and patches will give you small, steady doses of nicotine to help stop craving.

Williamsburg Family Health Center

99 Division Ave.

Brooklyn, NY 11211

Phone: (718) 599-6200

www.tbh.org/smoking-cessation-program

Offers The Brooklyn Health Center's smoking cessation program, which promotes the idea that knowledge is power: once you understand your triggers, you'll be better prepared to avoid them.

Bedford-Stuyvesant & Flatbush

Bedford-Stuyvesant Family Health Center, Inc.

1413 Fulton St.

Brooklyn, NY 11216

Phone: (718) 636-4500 Ext. 172

www.bsfhc.org

Offers small group meetings to assist you in practicing proven techniques and strategies to stop smoking. New classes begin every 5 weeks. Services are offered free of charge.

La Providencia Family Medicine Center

1280 DeKalb Ave.

Brooklyn, NY 11221

Phone: (718) 455-9000

www.tbh.org/smoking-cessation-program

Offers The Brooklyn Health Center's smoking cessation program, which promotes the "Five D's" of Smoking Cessation: Delay until the urge passes, distract yourself, drink a glass of water, deep breaths to relax, and discuss your feelings with someone.

NYM Family Health Center of Flatbush

1910 Nostrand Ave.

Brooklyn, NY 11226

Phone: (718) 284-4440

www.nym.org

Offers a seven week smoking cessation program for a small fee.

NYM Multi-Specialty Medical Group

5205 Church Ave.

Brooklyn, NY

Phone: (718) 688-8000

www.nym.org

Offers a seven week smoking cessation program for a small fee.

Greenwood & New Utrecht

NYM Family Health Center of Mapleton

5923 16th Ave.

Brooklyn, NY 11204

Phone: (718) 259-6122

www.nym.org

Offers a seven week smoking cessation program for a small fee.

NYM Medical Associates - Avenue J

1309 Ave. J

Brooklyn, NY 11230

Phone: (718) 677-1710

www.nym.org

Offers a seven week smoking cessation program for a small fee.

Coney Island & Brighton Beach

NYM Medical Associates - Avenue U

98-108 Ave. U

Brooklyn, NY 11223

Phone: (718) 372-0500

www.nym.org

Offers a seven week smoking cessation program for a small fee.

East Brooklyn

NYM Family Health Center of Canarsie

1771 Utica Ave.

Brooklyn, NY 11234

Phone: (718) 209-0888

www.nym.org

Offers a seven week smoking cessation program for a small fee.

RECREATIONAL RESOURCES

Downtown

Brownstoner's Brooklyn Flea

176 Lafayette Ave.
Brooklyn, NY 11238
Phone: (718) 935-1052
www.brooklynflea.com

Every Sunday, Brooklyn Flea features 200 vendors in an acre lot in beautiful Brownstone Brooklyn, selling vintage furniture, antiques, collectibles, records, design, jewelry, art and crafts, along with cupcakes, cookies, cheese, freshly baked bread, Belgian waffles, and more. Deco to Danish Modern, mantels to man-purses, the rotating list of vendors offer something for everyone to pick through.

Micro Museum

123 Smith St.
Brooklyn, NY 11201
Phone: (718) 797-3116
www.micromuseum.com

An interactive art center in Downtown Brooklyn. Open to the public from 12-7PM every Saturday with special Saturday Night events (see website for details). Admission is \$2 - \$20.

New York Transit Museum

Boerum Pl. & Schermerhorn St.
Brooklyn, NY 11201
Phone: (718) 694-1600
www.mta.info/museum

Celebrates the past, present, and future of New York's regional transportation network operated by the Metropolitan Transportation Authority. The Museum presents year round exhibits, tours, film screenings, weekend workshops, annual bus festivals and summer Nostalgia Train rides.

Gowanus & Red Hook

BAX/Brooklyn Arts Exchange

421 Fifth Ave.
Brooklyn, NY 11215
Phone: (718) 832-0018
<http://bax.org/>

A multi-arts non-profit organization in Park Slope. They work to provide a nurturing, year-round performance, rehearsal and educational venue that encourages artistic risk-taking and stimulates dialogue among diverse constituencies.

Old Stone House of Brooklyn

344 5th Ave.
Brooklyn, NY 11215
Phone: (718) 768-3195
<http://theoldstonehouse.org>

Originally built in 1699 beside the Gowanus Creek, the house later played a significant role in the Battle of Brooklyn in 1776. Strategically positioned, the house was occupied by the British and turned into an artillery position to fire upon American soldiers. Against this stronghold, some 400 Maryland soldiers threw themselves into several attacks, ultimately being defeated but allowing George Washington and his troops to escape, thereby saving the nascent American army.

Prospect Park

The Prospect Park Zoo

450 Flatbush Ave.
Brooklyn, NY 11225
Phone: (718) 399-7339
www.prospectparkzoo.com

The Zoo's 12 acres are situated within the heart of Brooklyn and are part of Prospect Park's Children's Corner. Just steps from Flatbush Avenue, you can roam the lush gardens, marshes, and scrubland of Discovery Trail, visit domestic animals on the farm, or head inside to meet nocturnal critters and our troop of Hamadryas baboons.

Williamsburg

Parker's Box

193 Grand St.
Brooklyn, NY 11211
Phone: (718) 388-2882
www.parkersbox.com

A seven year old gallery, committed to championing the work of both American and overseas artists whose practice and attitudes are innovatory while being instilled with curiosity towards both the mechanisms of the contemporary world, and the mechanisms that can operate within a work of art.

CastleBraid Artillery

114 Troutman St.

Brooklyn, NY 11221

Phone: (718) 559-6554

www.castlebraid.com/artillery

A collective of artists, musicians, professionals that offers an ever expanding array of facilities, classes, workshops and tools for professional development. Newly completed facilities include a woodshop, recording Studio, practice rooms, galleries, digital media lab, equipment rental, yoga and movement spaces, and more.

Bedford-Stuyvesant & Flatbush

Jammins Entertainment

1020 E. 48th St.

Brooklyn, NY 11203

Phone: (718) 282-8041

www.brooklynmusicfestival.com

Produces music festivals in the New York Area as well as along the East Coast.

Weeksville Heritage Center

1698 Bergen St.

Brooklyn, NY 11213

Phone: (718) 756-5250

www.weeksvillesociety.org

During the 19th century, the village of Weeksville was a vibrant and independent African American community. Four houses, dating from 1840-1883, are the original community.

Greenwood & New Utrecht

Regina Opera Company

1251 Tabor Ct.

Brooklyn, NY 11219

Phone: (718) 232-3555

www.ReginaOpera.org

A professional-level opera company which presents fully-staged operas and vocal concerts. The company presents 3 fully-staged operas per season, each sung in the original language with English super-titles, with 30 piece orchestra. Concerts are presented year-round in Regina Hall and in public venues such as libraries.

The Scandinavian East Coast Museum

440 Ovington Ave.

Brooklyn, NY 11209

Phone: (718) 748-5950

www.scandinavian-museum.org

Works to educate and celebrate the history of Scandinavians throughout the East Coast, Brooklyn serving as their core. Although they have an almost 400 year history in Brooklyn, Scandinavian's have been unheralded for the tremendous contributions they have made to the city, especially in the shipping and building trades.

Coney Island & Brighton Beach

New York Aquarium

Surf Ave. & W. 8th St.

Brooklyn, NY 11224

Phone: (718) 265-2663

www.nyaquarium.com

Just off the Coney Island boardwalk, the New York Aquarium's 14 acres are packed to the gills with the incredible diversity of the world's oceans. You can socialize with sea stars at our Touch Pool, visit the strange universe of Alien Stingers, or cheer on California sea lions during their Aquatheater training demonstrations.

Coney Island Cyclone Roller Coaster

834 Surf Ave.

Brooklyn, NY 11224

Phone: (718) 265-2100

www.coneyislandcyclone.com

One of the most famous attractions in New York City. The first rides of the historic roller coaster

began on June 26, 1927. Over 80 years later, the Cyclone is still thrilling thousands of riders each year.

East Brooklyn

Wyckoff Farmhouse Museum

5816 Clarendon Rd.

Brooklyn, NY 11203

Phone: (718) 629-5400

www.wyckoffassociation.org

Built around 1652, the original portion of the Pieter Claesen Wyckoff House is the oldest structure in New York City. Its history exemplifies the diversity of Brooklyn.



**Best Effect, LLC.
26 West 17th Street
New York, NY 10011
(212) 706-2054**

www.tbisuccess.com